

Saint Luke Catholic Church

1111 Beach Park Boulevard • Foster City • California 94404

(650) 345-6660 Fax (650) 345-8167 www.saintlukefc.org Email: saintlukefc@gmail.com

Welcome!

Our warmest welcome to all who worship with our faith Community here at St. Luke Parish. Whether you are a long time resident or have newly arrived in the parish, we thank God for you. If you are not registered, please stop by, or call the parish office.

Mission Statement

The Mission of St. Luke's Catholic Faith Community is to provide the environment where the community joins together to fulfill the spiritual and social needs of all by living and sharing the message of Christ.

Schedule of Sacraments:

Eucharistic Celebrations

Monday through Saturday - 8:30 a.m.

Saturday (Anticipated Mass) - 5:00 p.m.

Sunday - 7:30 a.m., 9:00 a.m., 10:30 a.m., and 5:00 p.m.

Adoration of the Blessed Sacrament (Chapel)

Thursday & 1st Friday after the 8:30 a.m. Mass concluding with the Benediction at 7:00 p.m.

Baptism (Infants)

Baptismal Preparation Class - call the Parish Office
Sacrament of Baptism - Saturdays only at 11:00 a.m.

Reconciliation (Confession)

Saturday - 4:00 p.m. to 4:30 p.m. or by appointment

Marriage

Please call the Parish Office at least 8 - 12 months before the desired wedding date.

Anointing of the Sick

Please call the Parish Office at (650) 345-6660

Parish Office Hours

Monday through Friday

9:00 a.m.—12:00 p.m. / 1:00 p.m.—4:00 p.m.

Saturdays

9:00 a.m.—12:00 p.m.

CHAPEL: Open from 7:00 a.m. to 6:00 p.m.
Thursday & 1st Friday: until 7:00 p.m. (Benediction)

Bulletin Deadline: All announcements must be approved by Father Jonathan and must be submitted two weeks prior to the desired bulletin of your choice.

Thank you.

Seventh Sunday in Ordinary Time February 23, 2020

“Be holy, for I, the Lord, your God, am holy.”

— Leviticus 19:2b



Grant, we pray, almighty God, that, always pondering spiritual things, we may carry out in both word and deed that which is pleasing to you. Through our Lord Jesus Christ, your Son, who lives and reigns with you in the unity of the Holy Spirit, one God, for ever and ever. Amen.
(Collect Prayer)

Month of February
is dedicated to the Holy Family

Pastoral Staff

Pastor

Rev. Jonathan G. Paala

Deacon

Deacon Mar Tano

Director of Religious Education

Sr. Maria Ruth Linaac, RVM

Secretaries

Maria Teresa Alvarez

Maryvee Estacio

February 23, 2020

FOOLISHNESS

Sometimes the idea of repentance seems old-fashioned, naïve, even foolish. But if you're looking for real foolishness, you'll find it in today's readings.

We begin with Leviticus and the admonition, "Take no revenge and cherish no grudge" (Leviticus 19:18). We've heard that message before, of course, so we might forget how far it is from the so-called "practical realities of life." Saint Paul warns us about being practical, though. Whoever considers oneself wise had better "become a fool," because "the wisdom of this world is foolishness in the eyes of God" (1 Corinthians 3:18, 19).

This "foolishness" continues in the Gospel: "Offer no resistance to one who is evil" (Matthew 5:39). In fact, offer the other cheek when you've been slapped. Hand over your coat as well as your shirt. Be like God, who sends sunshine and rain on the bad as well as the good. "So be perfect," says Jesus, "just as your heavenly Father is perfect" (5:48).

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TODAY'S READINGS

First Reading — Take no revenge and cherish no grudge; love your neighbor as yourself (Leviticus 19:1-2, 17-18).

Psalm — The Lord is kind and merciful (Psalm 103).

Second Reading — You are the temple of God, and holy (1 Corinthians 3:16-23).

Gospel — Offer no resistance; love your enemies (Matthew 5:38-48).

The English translation of the Psalm Responses from *Lectionary for Mass* © 1969, 1981, 1997, International Commission on English in the Liturgy Corporation. All rights reserved.

READINGS FOR THE WEEK

Monday: Jas 3:13-18; Ps 19:8-10, 15; Mk 9:14-29

Tuesday: Jas 4:1-10; Ps 55:7-11a, 23; Mk 9:30-37

Wednesday: Jl 2:12-18; Ps 51:3-6ab, 12-14, 17; 2 Cor 5:20 — 6:2; Mt 6:1-6, 16-18

Thursday: Dt 30:15-20; Ps 1:1-4, 6; Lk 9:22-25

Friday: Is 58:1-9a; Ps 51:3-6ab, 18-19; Mt 9:14-15

Saturday: Is 58:9b-14; Ps 86:1-6; Lk 5:27-32

Sunday: Gn 2:7-9; 3:1-7; Ps 51:3-6, 12-13, 17; Rom 5:12-19 [12, 17-19]; Mt 4:1-11

SPECIAL OBSERVANCES

Sunday: Seventh Sunday in Ordinary Time

Wednesday: **ASH WEDNESDAY**

MASSES at 8:30am, 12:10pm, 5:30pm, 7:00pm

Prayer, fasting, and almsgiving: these disciplines, prescribed by Jesus himself in the Sermon on the Mount, along with strict instructions not to flaunt them in public to win recognition and praise (Matthew 6:1-18), have been embraced by all the saints at the beginning of every Lent for almost two thousand years. But mention Lent, and many react with a grimace or slight shudder—even now, years after official obligations have been reduced to a minimum! No wonder the Eastern Rite's "Lenten Announcement" sounds surprising: "Let us receive with joy, O faithful people, the divinely inspired announcement of Lent! The Lenten Spring shines forth! Begin the fast with joy! Let us fast from passions as well as food, taking pleasure in the good works of the Spirit, and accomplishing them in love!" Saint John Chrysostom, whose feast is September 13, elaborates: "Do you fast? Give proof by your works. If you see a poor person, take pity. An enemy, be reconciled. A friend gaining honor, don't be jealous." A positive approach! May the saints help us keep such a Lent! —Peter Scagnelli, Copyright © J. S. Paluch Co.

Holy Mass Celebrants

Saturday, February 29, 2020

5:00 pm Fr. Francis Njua

Sunday, March 1, 2020

7:30 am Fr. Francis Njua

9:00 am Fr. Jonathan Paala

10:30 am Fr. Al Furtado

5:00 pm Fr. Pete Tieng



Holy Mass Intentions for February 24 - March 1, 2020

| Date | Time | Intention | Pray for your priests |
|---------------|--|---|--|
| MON 24 | 8:30 a.m. | † Eufrosina Denoga | Fr. Kieran McCormick |
| TUE 25 | 8:30 a.m. | † Cesario P. Calanoc | Fr. Anthony Chung |
| WED 26 | 8:30 a.m. 12:10p.m. 5:30 p.m. 7:00 p.m. | † Natividad Mugrauer † Marcelino & Magdalena Cabañez Tom & Christine Consunji † Esmie Robinson | Fr. Al Furtado |
| THU 27 | 8:30 a.m. | † Magdalena Dychioco | Fr. Francis Njua |
| FRI 28 | 8:30 a.m. | John, Justin, Jaleigh Schneider | Fr. Joseph Cardoza |
| SAT 29 | 8:30 a.m. 5:00 p.m. | † Luchie & Rene Fernandez John, Justin, Jaleigh Schneider | Fr. Joseph Kengah Mumba |
| SUN 1 | 7:30 a.m. 9:00 a.m. 10:30am 5:00 p.m. | Missa Pro Populo † Paul Luu † Jonathan de Leon Carmen Consunji Sebest BD | Fr. Jonathan Paala Pastor, St. Luke Catholic Church Foster City |

**Legend: † - Deceased, SI-Special Intention, BD-Birthday
Missa Pro Populo-General Intentions/Mass for the People**

Adore our Lord in the Blessed Sacrament

every **Thursday** and on the **First Friday** of the month after the 8:30 a.m. Holy Mass

Benediction is at 7:00 p.m.

"Look upon the hour of adoration assigned to you as an hour in paradise. Go to your adoration as one would to heaven, to the divine banquet. You will then long for that hour and hail it with joy. Take delight in fostering a longing for it in your heart. Tell yourself, 'In four hours, in two hours, in one hour, our Lord will give me an audience of grace and love. He has invited me; he is waiting for me; he is longing for me.'"—St. Peter Julian
"For the bread of God is the bread that comes down from heaven and gives life to the world." - John 6:33

We need people who will commit as

"Guardian of the Blessed Sacrament."

Sign-up sheets are located in the Chapel foyer.

February 23, 2020

Eternal rest grant unto the souls of Your beloved, O Lord.

†Catalina Batac, †Josephine Erkson, †Gino Fanucchi, †Ernest Go, †Josephine Kozloski, †Derek Lee & †Bob Pope

We pray for God's healing upon our sick parishioners:

| | |
|---------------------|----------------------|
| Feliz Acosta | Andres Mendez |
| Baby Aleman | Angela Mihelcic |
| Juris Arcilla | Bozidar Mihelcic |
| Minerva Barnhart | Jon Miller |
| Jim Bortak | Edgar Navarro |
| Ruben Calderon, Jr. | Ed Page |
| Elizabeth Fong | Angelina Paguio |
| Dennis B. Huang | Patti Panfile |
| Barbara Keefer | Rosetta Parisian |
| Tom Keefer | Tom Pope |
| JoAnn Kozloski | Frances Presutto |
| Jackie Kuo | Angela F. Reyes |
| Courtney LaTour | Estrella Reyes |
| Badette Ledesma | Kathy Sampson |
| Celia Leones | Jennifer Shamway |
| Dancy Lim | Manny Torres |
| Arturo Martin | Priscilla Touchstone |

"...for by His wounds you were healed." (1 Peter 2:24)

If you have sick relatives whom you want us to include in our prayers, please call or email our Parish Office. Their names will be on our list for the month of February. If you want us to continue praying for them, please notify the office. Thank you.



February 15/16 \$ 3,626.00

Your generous contribution helps us fulfill Christ's mission. Thank you! God bless you! Honor the Lord with your wealth, with the first fruits of all your crops. (Proverbs 3:9)

HELP RAISE FUNDS FEED ON CRABS

Support our St. Luke 16th Annual Crab Feed Fundraising Event, on Saturday, March 7th. For \$55.00, an all-you-can-eat CRAB or Chicken entrée with antipasto, salad, garlic bread, pasta, dessert await your craving palates. Beer, Sodas, Water and Wine are available for purchase. Music for Dining & Dancing...Raffle and no-host bar.

Purchase your tickets now before they run out. Tickets are on sale in the community center after the Saturday Vigil and Sunday Masses, and are available for purchase in the parish office, Monday through Saturday, during regular service hours.

Women's Bible Study Group

The Women's Bible Study and Discussion Group meets in Room 4 of the St. Luke Parish Center on Thursdays, 9:30a.m. to 11:30a.m., September to May, to discuss various books of the Bible, the scripture readings, and to provide prayer support for its members and the community. Patti Villano: 650-341-6913



The Little Ones

Jim Burrows



Project Rachel Retreat for Hope and Healing After Abortion

Registration is open for the March 7-8 Hope and Healing after Abortion Women's Retreat, which will be held here in the SF Bay Area. The retreat will be led by Fr. Vito Perrone, Contemplative of St. Joseph, with the Daughters of Carmel, at a confidential location. Donation of \$50 is suggested, but can be waived. For more information, phone 415-614 5567 or email projectrachel@sarch.org, or register online at sarchdiocese.org/rachel, where you can view a powerful new one-minute video testimony by Georgette Forney, co-founder of the Silent No More awareness campaign.

"The Lord is close to the brokenhearted, saves those whose spirit is crushed." (Psalm 34:19)

February 23, 2020

OFFICE OF RELIGIOUS EDUCATION

Sister Maria Ruth Linaac, RVM
Director of Religious Education
TELEPHONE NO. (650) 574-9191
EMAIL: st.lukereed@gmail.com

March 2020

Religious Education Classes

Grades One - Eight

March 4th, 11th and 18th

Grades 1-4 (5:30PM to 6:30PM)

Grades 5-8 (6:45PM to 7:45PM)

Confirmation Two Classes

March 4th, 11th and 18th

6:45PM to 7:45PM



LITURGY OF THE WORD WITH CHILDREN

The Children's Liturgy of the Word is offered at our 9:00AM Mass on Sundays. This is an opportunity for children to listen and interact with the Sunday morning Scripture Reading in their own level. There is no fee or registration and it is open to all children at Mass who are preschoolers (4 years old) through children in 2nd grade.

WOMEN'S RETREAT JANUARY 2021

Deepen your spiritual life and have fun doing it! An interactive retreat for women of all ages provides an opportunity to learn, to share ideas and your own experiences, under the direction of knowledgeable presenters. It includes presentations, small group discussions (with an abundance of inter-generational wisdom), artistic expressions, opportunity for private reflection if desired, and games! It is enriching, elevating, and entertaining all in one retreat!

The St. Luke Women's Retreat has been held annually for 40+ years. The 2021 retreat will be held at Vallombrosa in Menlo Park Friday January 15, 2021 to Sunday January 17. This beautiful facility is nestled among old-growth trees and has meditative groves throughout the grounds.

Two nights stay and all (home-cooked) meals are provided from Friday dinner to Sunday lunch, for a reasonable cost.

Contact Ruth Sieber by March 1 to join us on next year's adventure. Call (or text) her at 650-477-5075. You can also email her at ruthannsieber@gmail.com.

ATTENTION:

The **Knights** meet every 1st Monday of the month at 7:30PM in the St. Luke community center. All Knights are invited to attend. Please contact Eddie Torres at: Tel. No.: 650-823-3911 or email: edginho@hotmail.com



DAY OF FASTING & ABSTINENCE February 26, 2020

Ash Wednesday marks the beginning of the Lenten Season. Our **ASH WEDNESDAY MASSES** are at **8:30am, 12:10pm, 5:30pm and 7:00pm** all in the main church. As part of our Mass liturgies, we will be signed on our foreheads with ashes, reminding us of the new church liturgical season, giving us hope for a new heart and a new life as disciples of Jesus Christ.

LENLEN REGULATIONS:

•**ABSTINENCE:** Everyone fourteen (14) years of age and older is bound to abstain from meat on Ash Wednesday, the Fridays of Lent and Good Friday

•**FAST:** Every one eighteen (18) years of age and older but under the age of sixty (60) is also bound to fast on Ash Wednesday and Good Friday. The law of fast allows one full meal a day, but does not prohibit taking some food during the day, so long as this does not constitute another full meal.

God bless us all with a grace-filled Lenten journey as His Divine Spirit leads us towards a deeper relationship with Christ through meditating on His passion, death and resurrection—all pointing to His greatest love for us!

The Light is On for You... Confession Times this Lent

Our Lord is waiting for you in the confessional. The light of His reconciling love is on during **Thursdays of Lent**, from **6:00p.m. to 8:00p.m.** in the St. Luke Church Reconciliation Room.

Journey with Christ in His Passion

Join us every **Friday evening** during Lent to pray and meditate on the **Stations of the Cross**, beginning at **7:00p.m.** in the main church.



PRAY FOR POPE FRANCIS' INTENTION LISTEN TO THE MIGRANTS' CRIES

We pray that the cries of our migrant brothers and sisters, victims of criminal trafficking, may be heard and considered. We ask this through Christ our Lord. Amen.

PRAYER OF DEDICATION

Most loving JESUS, look upon our families.

We belong to You, we thank You for Your manifold blessings and we entrust ourselves to Your loving care. Preserve us from danger, give us help in time of need, and grant us the grace to persevere to the end in imitation of Your own home in Nazareth, so that having revered You and loved You faithfully on earth, we might praise You eternally in heaven. O dearest Mother, to your intercession we have recourse, knowing that your Divine Son will hear your prayers. Glorious patriarch, Saint Joseph, help us by your powerful prayers and offer our prayers to Jesus our Lord through our Blessed Mother's hands.

AMEN.

PARISH EVENTS

February 25 – March 1, 2020

Tuesday (February 25)

3:00 p.m. St. Vincent de Paul Conference Meeting

ASH WEDNESDAY (February 26)

Masses in the Main Church

8:30 a.m., 12:10 p.m., 5:30 p.m. and 7:00 p.m.

Thursday (February 27)

9:00 a.m. All-Day Eucharistic Adoration/Chapel

9:00 a.m. Legion of Mary

9:30 a.m. Women's Bible Study/Room 4

6:00p.m.—8:00p.m. Confessions/Church

7:00 p.m. Benediction/Chapel

Friday (February 28)

7:00 p.m. Stations of the Cross/Church

Saturday (February 29)

4:00 p.m.—4:30 p.m. Sacrament of Reconciliation

Sunday (March 1)

7:30am, 9:00am, 10:30am & 5:00pm Holy Masses

**Join us for fellowship, donuts, coffee and refreshments after the 7:30 a.m., 9:00 a.m.*

*& 10:30 a.m. Holy Masses in the community center**

40 Days for Life Campaign

Offer God a beautiful sacrifice this Lent of 2020. From February 26 - April 5 commit to one (or more) hours weekly (or even daily!) at the 40 Days for Life peaceful sidewalk prayer vigil in front of the abortion business at 2907 El Camino Real, Redwood City. You can make this Lenten commitment by going to: www.40daysforlife.com/redwoodcity

CONTACT PEOPLE

Altar Linens: Mary True (650) 571-8783

Altar Servers: Tony Belo (650) 345-6660

Anointing of the Sick: If you know of parishioners who are sick or hospitalized or are unable to attend Mass due to illness or age, please call the office.

Archdiocesan Pastoral Assistance Coordinator:

For persons who have suffered sexual abuse from members of the Catholic clergy. Call (415) 614-5506.

Baptism: Saturdays only, at 11:00AM. Contact the office for preparation class information – prior registration required.

Christian Burial: Kindly call the parish office before meeting with the funeral director.

Cursillo: Kevin & Jo Moran (650) 477-0493

Filipino Cursillo: Deacon Mar Tano (650) 867-5542

Finance Council: John Bernat (650) 678-5840

Grief Support Ministry: Ellen Six (650) 341-0683

Knights of Columbus: Eddie Torres (650) 823-3911

Legion of Mary: Thurs. 9:00 am Georgie Unson (650) 345-2613

Lectors & Extraordinary Ministers of Holy Eucharist

Peggy Simkins (650) 573-5370

Marriages: Contact the parish office at least 8-12 months before the desired date.

Music Ministry: Contact Elysabeth Allen (650) 578-0123

Pastoral Council: Eddie Torres (650) 823-3911

Religious Education: Sister Maria Ruth (650) 574-9191

Sandwiches on Sunday: Peg Culver (650) 349-1408

SVdP Conference: Peggy Simkins (650) 573-5370

Women's Bible Study: Patti Villano (650) 341-6913

WELCOME IN JESUS' NAME!!

If you wish to join the parish, or if you want to update your information, please fill out this form and either return it to the parish office, or drop it in the collection basket.

Register

Name: (First) _____
(Last) _____

Address: _____

City: _____ Zip: _____

Telephone No. _____

Update Member Information

Name: (First) _____ (Last) _____

Address: _____

City: _____ Zip: _____

Telephone No. _____

Walk for Life 2020 Videos & Photos

For those who missed this year's January 25th Walk for Life, you can view the Celebration of the Mass, inspirational talks, and photos of the event at www.sfarchdiocese.org/walk-for-life-west-coast

January 23, 2021 is next year's Walk for Life.

See you there!