Welcome!
Our warmest welcome to all who worship with our faith Community here at St. Luke Parish. Whether you are a long time resident or have newly arrived in the parish, we thank God for you. If you are not registered, please stop by, or call the parish office.

Mission Statement
The Mission of St. Luke’s Catholic Faith Community is to provide the environment where the community joins together to fulfill the spiritual and social needs of all by living and sharing the message of Christ.

Parish Office Hours
Monday through Friday
9:00 a.m.—12:00 p.m. / 1:00 p.m.—4:00 p.m.
Saturdays
9:00 a.m.—12:00 p.m.
- Chapel open from 7:00 a.m. to 7:00 p.m. everyday -

Pastoral Staff
Pastor
Rev. Jonathan G. Paala
Special Associate
Rev. Kieran McCormick
Deacon
Deacon Mar Tano
Director of Religious Education
Sister Maria Ruth Linaac, RVM
Secretaries
Maria Teresa Alvarez
Maryvee Estacio
Sheila O’Neill

Bulletin Deadline: All announcements must be approved by Father Jonathan and must be submitted two weeks prior to the desired bulletin of your choice. Thank you.

The Most Holy Body and Blood of Christ
June 23, 2019
“[A]s often as you eat this bread and drink the cup, you proclaim the death of the Lord until he comes.”
— 1 Corinthians 11:26

Lord Jesus Christ, truly present in the Most Blessed Sacrament, we adore You. Nourish us with Your life-giving bread and seal us with Your most precious blood. Sustain us in our pilgrimage back to You in Your eternal dwelling place in heaven. In Your powerful Name we pray. Amen.

Month of June -
Devotion to the Sacred Heart of Jesus

Schedule of Sacraments
Eucharistic Celebrations
Monday through Saturday - 8:30 a.m.
Saturday 5:00 p.m. - Anticipated Mass
Sunday - 7:30 a.m., 9:00 a.m., 10:30 a.m., and 5:00 p.m.

Sacrament of Baptism (Infants)
Baptismal Preparation Class - call the Parish Office
Sacrament of Baptism - Saturdays only at 11:00 a.m.

Sacrament of Reconciliation (Confession)
Saturday - 4:00 p.m. to 4:30 p.m. or by appointment

Sacrament of Marriage
Please call the Parish Office at least 8 - 12 months before the desired wedding date.

Sacrament of Anointing of the Sick
Please call the Parish Office at (650) 345-6660
**THIS SACRED MEAL**

Today we celebrate the Most Holy Body and Blood of Christ. Each of the readings includes a blessing and a sharing of food. They remind us of the central place of meals in our lives. Each meal brings to mind other meals: the sharing of cookies and milk, pizza and beer, loaves and fishes, bread and wine. When we prepare a meal for our family, our friends, even strangers, we always put something of ourselves into the preparation and the meal itself. The Most Holy Body and Blood of Christ reminds us of what God put into the preparation for this meal that we celebrate today. We share this sacred meal and are transformed as we remember the death of Jesus and the sacrifice that nurtures our faith, sustains our lives, and supports our work.

**TODAY’S READINGS**

**First Reading** — Melchizedek brought out bread and wine and blessed Abram (Genesis 14:18-20).

**Psalm** — You are a priest forever, in the line of Melchizedek (Psalm 110).

**Second Reading** — Paul gives his description of the institution of the Eucharist (1 Corinthians 11:23-26).

**Gospel** — Jesus spoke to the crowd about the kingdom of God and then fed them with five loaves and two fish (Luke 9:11b-17).

**READINGS FOR THE WEEK**

**Monday:**

- **Vigil:** Jer 1:4-10; Ps 71:1-6, 15, 17;
- **Day:** Is 49:1-6; Ps 139:1-3, 13-15;
- **Acts:** 13:22-26; Lk 1:57-66, 80

**Tuesday:**

- Gn 13:2, 5-18; Ps 15:2-4ab, 5; Mt 7:6, 12-14

**Wednesday:**

- Gn 15:1-12, 17-18; Ps 105:1-4, 6-9;
- Mt 7:15-20

**Thursday:**

- Gn 16:1-12, 15-16 [6b-12, 15-16];
- Ps 106:1b-5; Mt 7:21-29

**Friday:**

- Ez 34:11-16; Ps 23:1-6; Rom 5:5b-11;
- Lk 15:3-7

**Saturday:**

- **Vigil:** Acts 3:1-10; Ps 19:2-5; Gal 1:11-20;
- **Day:** Acts 12:1-11; Ps 34:2-9;
- 2 Tm 4:6-8, 17-18; Mt 16:13-19

**Sunday:**

- 1 Kgs 19:16b, 19-21; Ps 16:1-2, 5, 7-11;
- Gal 5:1, 3-18; Lk 9:51-62

**SAINTS AND SPECIAL OBSERVANCES**

**Sunday:**

- **The Most Holy Body and Blood of Christ**

**Monday:**

- The Nativity of St. John the Baptist

**Tuesday:**

- Twelfth Week in Ordinary Time

**Thursday:**

- St. Cyril of Alexandria

**Friday:**

- **The Most Sacred Heart of Jesus**

**Saturday:**

- Ss. Peter & Paul, Apostles; Blessed Mother

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**Adore our Lord in the Blessed Sacrament**

Every **Thursday** and on the **First Friday** of the month after the 8:30 a.m. Holy Mass.

**Benediction** is at 7:00 p.m.

Jesus, the Good Shepherd dwells with us day and night to refresh our souls, nourish our spirits, and fulfill our needs when we come to Him in the Blessed Sacrament. He said, “I am the Bread of Life.” We pray, “My Shepherd,” because His love is a personal love. Though He loves all with an infinite love, He loves you as if you were the only one in the world. The Blessed Sacrament is Jesus, the Good Shepherd, Who is present before you for no other reason than that He loves you. He is present to draw you closer to Himself, to deepen the love and friendship you have together with Him. Jesus waits for us in this Sacrament of Love, and invites us to drink from “restful waters,” the springs of salvation, flowing from His glorious wounds, by which we are continually being healed.

We need people who will commit as “Guardian of the Blessed Sacrament.”

Sign-up sheets are located in the community center.
We owe today’s beautiful feast to a valiant woman who suffered a great deal to establish a feast out of her love for the Eucharist. Juliana was a nun in Belgium in the thirteenth century. She served in a hospital for lepers. She became convinced through her prayer that the liturgical year was incomplete because it had no feast for the Eucharist. Her efforts were not welcome, and a supervising priest sought to punish her for promoting a feast that “nobody wanted.” He even had her accused of financial mismanagement and banished her from her convent. Shortly after she was exiled, the bishop approved the feast. It quickly spread through Europe. In those days, people very seldom received Holy Communion, and so the processions through the streets with the Eucharistic bread not only led to an awareness of Christ’s hunger to be with us, but prepared the way for a deeper desire to receive Christ’s Body and Blood in more frequent Communion. The feast grew rapidly, but Juliana disappeared into poverty and a hidden life. She ended her days as an “anchoress,” a woman living in seclusion in a room attached to a parish church. Imagine her delight at seeing us gathered at the table of the Lord on this day, aware of Christ’s presence in our midst, sharing fully in Christ’s Body and Blood. Our celebration today invests her struggle and sorrows with dignity and meaning.

—James Field, Copyright © J. S. Paluch Co.
Office of Religious Education

Sister Maria Ruth Linaac, RVM
Director of Religious Education

Telephone No. (650) 574-9191

June 2019

Religious Education enrollment for School Year 2019-2020 is ongoing. Registration forms are available in the Parish and Religious Education Offices or online at www.saintlukefc.org. Register now to avoid late fees.

New Parents Orientation Meeting:
- September 4, 2019 (Wednesday), 5:30PM-6:30PM

Classes Start:
- September 4, 2019 (Wednesday)
  - Re-Ed Grades 1-8 and Confirmation 2
  - 5:30PM-6:30PM; 6:45PM-7:45PM

Liturgy of the Word with Children

The Children’s Liturgy of the Word is offered at our 9:00AM Mass on Sundays. This is an opportunity for children to listen and interact with the Sunday morning Scripture Reading in their own level. Children’s Liturgy of the Word will resume in September.

Volunteers for Sandwiches on Sunday

Be Christ’s hands and feed our brethren in need. Please meet in the St. Luke kitchen on June 30th at 8:00AM and help prepare sandwiches which will be delivered to the Samaritan House in San Mateo. Contact Peg Culver at 650.349.1408.

Next Weekend is a “Fifth” Sunday.

Special 2nd Collection for SVDP

June 30th is a “fifth” Sunday. Whenever a fifth Sunday occurs in a month, the parish of St. Luke sets aside a second collection to benefit the works of our local St. Vincent de Paul Conference. Its outreach extends to families in Foster City who are in need. The conference asks you to help them to help others. Please be as generous as possible. Thank you. Choosing to help those who are suffering will fill your heart with the blessing of Jesus and indeed your reward will be great in heaven.

No work of charity is foreign to St. Vincent de Paul. We help to alleviate suffering or deprivation and promote human dignity.

Welcome to the Family of Christ!

Massimo Messi Alvarez
Son of Jose Ivan and Lliana

Nia Melody Alvarez
Daughter of Jose Ivan and Lliana

Olivia Jaranilla Buaron
Daughter of Joel and Irish

Madison Holmes
Daughter of Joel and Irish

Audric Miguel Mata Linaac
Son of Ronn Michael and Arma Queen

Jamie Cristine Salonga Siapno
Daughter of Jammil and Criselda

Athena Elise Tiu
Daughter of Ferdinand and Raquel

Nathan Atlas Valdez
Son of Jonathan and Noelle

Noelle Kristine Wahlberg
Daughter of Erik John and Rosemarie

Our Newly Baptized Children and Members of St. Luke Parish Community

“Christ saved us through the washing of rebirth and renewal by the Holy Spirit.” Titus 3:5
PARISH EVENTS
June 25 – June 30, 2019

Tuesday (June 25)
3:00 p.m. St. Vincent de Paul Conference

Thursday (June 27)
9:00 a.m. All-Day Eucharistic Adoration
9:00 a.m. Legion of Mary
7:00 p.m. Benediction

Friday (June 28)
The Most Sacred Heart of Jesus
7:00 p.m. Children’s Choir Rehearsal

Saturday (June 29)
4:00 p.m.—4:30 p.m. Sacrament of Reconciliation
5:00 p.m. Anticipated Mass

Sunday (June 30)
8:00 a.m. Sandwiches on Sunday/Kitchen
7:30 a.m, 9:00am, 10:30am & 5:00pm Holy Masses
*Join us for fellowship, donuts, coffee & juice after the 9:00am & 10:30am Holy Masses

PRAYER TO THE SACRED HEART OF JESUS
O most holy heart of Jesus, fountain of every blessing, I adore you, I love you, and with lively sorrow for my sins I offer you this poor heart of mine. Make me humble, patient, pure and wholly obedient to your will.
Grant, Good Jesus, that I may live in you and for you. Protect me in the midst of danger.
Comfort me in my afflictions.
Give me health of body, assistance in my temporal needs, your blessing on all that I do, and the grace of a holy death.
Amen.

CONTACT PEOPLE
Altar Linens: Mary True (650) 571-8783
Altar Servers: Tony Belo (650) 345-6660
Anointing of the Sick: If you know of parishioners who are sick or hospitalized or are unable to attend Mass due to illness or age, please call the office.
Archdiocesan Pastoral Assistance Coordinator: For persons who have suffered sexual abuse from members of the Catholic clergy. Call (415) 614-5506.
Baptism: Saturdays only, at 11:00AM. Contact the office for preparation class information – prior registration required.
Christian Burial: Kindly call the parish office before meeting with the funeral director.
Cursillo: Kevin & Jo Moran (650) 477-0493
Filipino Cursillo: Deacon Mar Tano (650) 867-5542
Finance Council: John Bernat (650) 678-5840
Grief Support Ministry: Ellen Six (650) 341-0683
Knights of Columbus: Call Tom Consunji (650) 892-3312
Legion of Mary: Thurs. 9:00 am Georgie Unson (650) 345-2613
Lectors & Extraordinary Ministers of Holy Eucharist
Peggy Simkins (650) 573-5370
Marriages: Contact the parish office at least 8-12 months before the desired date.
Music Ministry: Contact Elysabeth Allen (650) 578-0123
Pastoral Council: Dan Linkhorn (415) 533-8797
Religious Education: Sister Maria Ruth (650) 574-9191
Sandwiches on Sunday: Peg Culver (650) 349-1408
SVdP Conference: Peggy Simkins (650) 573-5370
Women’s Bible Study: Patti Villano (650) 341-6913

WELCOME IN JESUS’ NAME!!
If you wish to join the parish, or if you want to update your information, please fill out this form and either return it to the parish office, or drop it in the collection basket.
Register
Name: (First) ___________________ (Last) ________________
Address: __________________________________________
City: _______________________ Zip: ___________
Telephone No. ______________________

Update Member Information
Name: (First) ___________________ (Last) ________________
Address: __________________________________________
City: _______________________ Zip: ___________
Telephone No. ______________________

INCLUDE THE LORD IN YOUR TRAVEL PLANS
Go to www.masstimes.org to find local Mass times at Catholic churches wherever your travels might take you. Enter the city and country and nearby Mass times will be displayed. God’s blessed and safe travel!