

Saint Luke Catholic Church

1111 Beach Park Boulevard • Foster City • California 94404

(650) 345-6660 Fax (650) 345-8167 www.saintlukefc.org Email: saintlukefc@gmail.com

Welcome!

Our warmest welcome to all who worship with our faith Community here at St. Luke Parish. Whether you are a long time resident or have newly arrived in the parish, we thank God for you. If you are not registered, please stop by, or call the parish office.

Mission Statement

The Mission of St. Luke's Catholic Faith Community is to provide the environment where the community joins together to fulfill the spiritual and social needs of all by living and sharing the message of Christ.

Parish Office Hours

Monday through Friday

9:00 a.m.—12:00 p.m. / 1:00 p.m.—4:00 p.m.

Saturdays

9:00 a.m.—12:00 p.m.

- Chapel open from 7:00 a.m. to 7:00 p.m. everyday -

Pastoral Staff

Pastor

Rev. Jonathan G. Paala

Special Associate

Rev. Kieran McCormick

Deacon

Deacon Mar Tano

Director of Religious Education

Sister Maria Ruth Linaac, RVM

Secretaries

Maria Teresa Alvarez

Maryvee Estacio

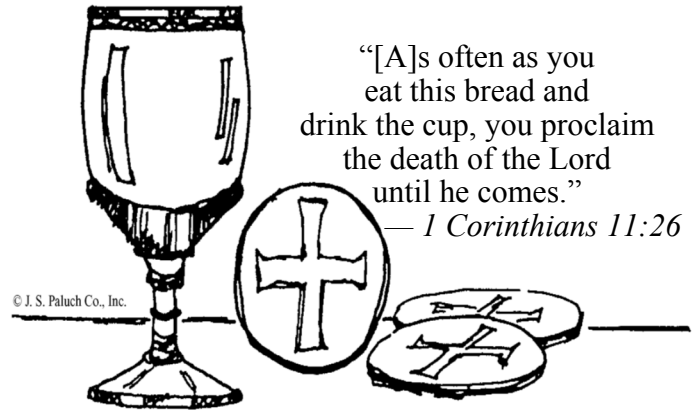
Sheila O'Neill

Bulletin Deadline: All announcements must be approved by Father Jonathan and must be submitted two weeks prior to the desired bulletin of your choice.

Thank you.

The Most Holy Body and Blood of Christ

June 23, 2019



“[A]s often as you eat this bread and drink the cup, you proclaim the death of the Lord until he comes.”
— 1 Corinthians 11:26

Lord Jesus Christ, truly present in the Most Blessed Sacrament, we adore You. Nourish us with Your life-giving bread and seal us with Your most precious blood. Sustain us in our pilgrimage back to You in Your eternal dwelling place in heaven. In Your powerful Name we pray. Amen.

~ Month of June ~

Devotion to the Sacred Heart of Jesus

Schedule of Sacraments

Eucharistic Celebrations

Monday through Saturday - 8:30 a.m.

Saturday 5:00 p.m. - Anticipated Mass

Sunday - 7:30 a.m., 9:00 a.m., 10:30 a.m., and 5:00 p.m.

Sacrament of Baptism (Infants)

Baptismal Preparation Class - call the Parish Office
Sacrament of Baptism - Saturdays only at 11:00 a.m.

Sacrament of Reconciliation (Confession)

Saturday - 4:00 p.m. to 4:30 p.m. or by appointment

Sacrament of Marriage

Please call the Parish Office at least 8 - 12 months before the desired wedding date.

Sacrament of Anointing of the Sick

Please call the Parish Office at (650) 345-6660

June 23, 2019

THIS SACRED MEAL

Today we celebrate the Most Holy Body and Blood of Christ. Each of the readings includes a blessing and a sharing of food. They remind us of the central place of meals in our lives. Each meal brings to mind other meals: the sharing of cookies and milk, pizza and beer, loaves and fishes, bread and wine. When we prepare a meal for our family, our friends, even strangers, we always put something of ourselves into the preparation and the meal itself. The Most Holy Body and Blood of Christ reminds us of what God put into the preparation for this meal that we celebrate today. We share this sacred meal and are transformed as we remember the death of Jesus and the sacrifice that nurtures our faith, sustains our lives, and supports our work.

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TODAY'S READINGS

First Reading — Melchizedek brought out bread and wine and blessed Abram (Genesis 14:18-20).

Psalm — You are a priest forever, in the line of Melchizedek (Psalm 110).

Second Reading — Paul gives his description of the institution of the Eucharist (1 Corinthians 11:23-26).

Gospel — Jesus spoke to the crowd about the kingdom of God and then fed them with five loaves and two fish (Luke 9:11b-17).

The English translation of the Psalm Responses from *Lectionary for Mass* © 1969, 1981, 1997, International Commission on English in the Liturgy Corporation. All rights reserved.

READINGS FOR THE WEEK

- Monday: **Vigil:** Jer 1:4-10; Ps 71:1-6, 15, 17; 1 Pt 1:8-12; Lk 1:5-17
Day: Is 49:1-6; Ps 139:1-3, 13-15; Acts 13:22-26; Lk 1:57-66, 80
- Tuesday: Gn 13:2, 5-18; Ps 15:2-4ab, 5; Mt 7:6, 12-14
- Wednesday: Gn 15:1-12, 17-18; Ps 105:1-4, 6-9; Mt 7:15-20
- Thursday: Gn 16:1-12, 15-16 [6b-12, 15-16]; Ps 106:1b-5; Mt 7:21-29
- Friday: Ez 34:11-16; Ps 23:1-6; Rom 5:5b-11; Lk 15:3-7
- Saturday: **Vigil:** Acts 3:1-10; Ps 19:2-5; Gal 1:11-20; Jn 21:15-19
Day: Acts 12:1-11; Ps 34:2-9; 2 Tm 4:6-8, 17-18; Mt 16:13-19
- Sunday: 1 Kgs 19:16b, 19-21; Ps 16:1-2, 5, 7-11; Gal 5:1, 13-18; Lk 9:51-62

SAINTS AND SPECIAL OBSERVANCES

- Sunday: **The Most Holy Body and Blood of Christ**
- Monday: The Nativity of St. John the Baptist
- Tuesday: Twelfth Week in Ordinary Time
- Thursday: St. Cyril of Alexandria
- Friday: **The Most Sacred Heart of Jesus**
- Saturday: Ss. Peter & Paul, Apostles; Blessed Mother

Pray for Pope Francis's Intention
The Mode of Life of Priests

That priests, through the modesty and humility of their lives, commit themselves actively to a solidarity with those who are most poor. In Jesus' name. Amen.

Holy Mass Celebrants

Saturday, June 29, 2019

5:00 pm Fr. Jonathan Paala

Sunday, June 30, 2019

7:30 am Fr. Jonathan Paala

9:00 am Fr. Al Furtado

10:30 am Fr. Jonathan Paala

5:00 pm Fr. Jonathan Paala



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Mass Intentions for JUNE 24 - 30, 2019

Date	Time	Intention	Pray for your priests
MON 24	8:30 a.m.	† John Setzer	Fr. Kieran McCormick
TUE 25	8:30 a.m.	† Peter Huang	Fr. Anthony Chung
WED 26	8:30 a.m.	Julie Denoga BD	Fr. Al Furtado
THU 27	8:30 a.m.	† Leticia A. Lagmay	Fr. Francis Njua
FRI 28	8:30 a.m.	† Ireneo Rodriguez	Fr. Joseph Cardoza
SAT 29	8:30 a.m.	Tess C. Alvarez BD	Fr. Joseph Kengah Mumba
	5:00 p.m.	† Vicente Uichanco	
SUN 30	7:30 a.m.	Missa Pro Populo	Fr. Jonathan Paala Pastor, St. Luke Catholic Church Foster City
	9:00 a.m.	† Robert Pangilinan	
	10:30am	Joseph Kavanagh	
	5:00p.m.	Madeleine Kavanagh	

Legend: † - Deceased, SI-Special Intention, BD-Birthday
Missa Pro Populo-General Intentions/Mass for the People

Adore our Lord in the Blessed Sacrament every **Thursday** and on the **First Friday** of the month after the 8:30a.m. Holy Mass

Benediction is at 7:00p.m.

Jesus, the Good Shepherd dwells with us day and night to refresh our souls, nourish our spirits, and fulfill our needs when we come to Him in the Blessed Sacrament. He said, "I am the Bread of Life." We pray, "My Shepherd," because His love is a personal love. Though He loves all with an infinite love, He loves you as if you were the only one in the world. The Blessed Sacrament is Jesus, the Good Shepherd, Who is present before you for no other reason than that He loves you. He is present to draw you closer to Himself, to deepen the love and friendship you have together with Him. Jesus waits for us in this Sacrament of Love, and invites us to drink from "restful waters," the springs of salvation, flowing from His glorious wounds, by which we are continually being healed.

We need people who will commit as
"Guardian of the Blessed Sacrament."
Sign-up sheets are located in the community center.

June 23, 2019

“...for by His wounds you were healed.” (1 Peter 2:24)

We pray for God’s healing upon our sick parishioners:

Art Almeda	Andres Mendez
Caring Anzures	Angela Mihelcic
Juris Arcilla	Bozidar Mihelcic
Minerva Barnhart	Mohammad
Ruben Calderon, Jr.	Sheila O’Neill
Bella Funkelstein	Josephine Rea
Carlos Gil, Jr.	Ronald Rea
Dennis B. Huang	Angela F. Reyes
Derek Lee	Estrella Reyes
Patricia Joy Lee	Jocelyn Reyes
Dancy Lim	Rolando Reyes, Jr.
Christian Liwag	Kathy Sampson
Evangeline B. Lopez	Michael Schueler
Arturo Martin	Priscilla Touchstone
Katie McNamara	Butch Unson

“I have heard your prayer; I have seen your tears.
Now I am healing you.” (2 Kings 20:5)

If you have sick relatives whom you want us to include in our prayers, please call or email our Parish Office. Their names will be on our list for the month of June. If you want us to continue praying for them, please notify the office.



June 15/16 \$ 3,754.50

Your generous contribution helps us fulfill Christ’s mission.
Thank you! God bless you!

“And do not forget to do good and to share with others,
for with such sacrifices God is pleased.” (Hebrews 13:16)

Donate to St. Luke Via Credit Card

Are you looking for opportunities to show your gratitude to God and share the blessings He has given you? St. Luke is accepting donations via credit card. If you wish to contribute using your credit card, please visit the Parish Office and fill out a donation form. Thank you. God reward you for being a good steward of His gifts!

We need your assistance...

The replacement of the deteriorating church sidings will cost St. Luke \$39,960.00. Any contribution from you to help rebuild our church is much appreciated. God bless your generous heart.

FORMED | The Catholic Faith on Demand

Daily reflections, books, movies, studies, talks for all ages.

Available for **FREE** to all St. Luke Parishioners

Go to: www.saintlukefc.formed.org

Click on: “**Register Now**”

(use code DQCXNM if needed)

Enter your name, email, zip code & create a personal password. That’s it !!

(also available on the App Store)

Women’s Bible Study Group

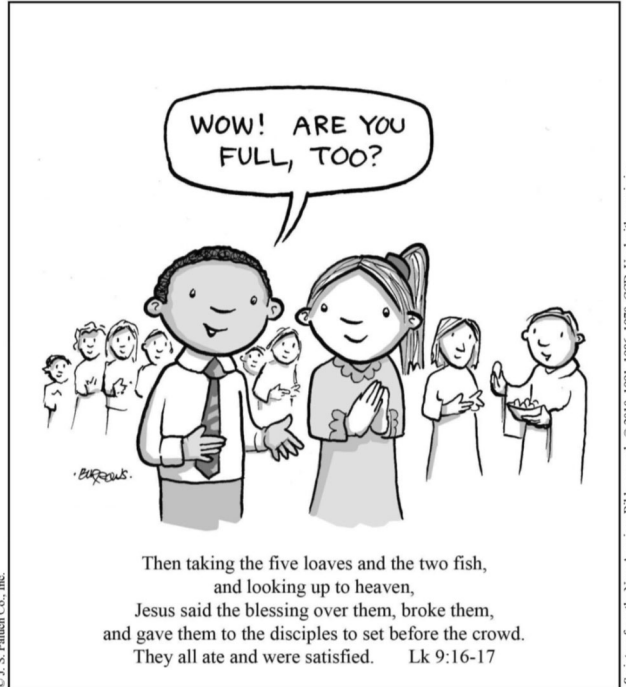


The Women’s Bible Study and Discussion Group meets in Room 4 of the St. Luke Parish Center on Thursdays, 9:30a.m. to 11:30a.m., September to May, to discuss various books of the Bible, the scripture readings, and to provide prayer support for its members and the community. The group will resume in September.

Patti Villano: 650-341-6913

The Little Ones

Jim Burrows



TREASURES FROM OUR TRADITION

We owe today’s beautiful feast to a valiant woman who suffered a great deal to establish a feast out of her love for the Eucharist. Juliana was a nun in Belgium in the thirteenth century. She served in a hospital for lepers. She became convinced through her prayer that the liturgical year was incomplete because it had no feast for the Eucharist. Her efforts were not welcome, and a supervising priest sought to punish her for promoting a feast that “nobody wanted.” He even had her accused of financial mismanagement and banished her from her convent.

Shortly after she was exiled, the bishop approved the feast. It quickly spread through Europe. In those days, people very seldom received Holy Communion, and so the processions through the streets with the Eucharistic bread not only led to an awareness of Christ’s hunger to be with us, but prepared the way for a deeper desire to receive Christ’s Body and Blood in more frequent Communion. The feast grew rapidly, but Juliana disappeared into poverty and a hidden life. She ended her days as an “ anchoress,” a woman living in seclusion in a room attached to a parish church. Imagine her delight at seeing us gathered at the table of the Lord on this day, aware of Christ’s presence in our midst, sharing fully in Christ’s Body and Blood. Our celebration today invests her struggle and sorrows with dignity and meaning.

—James Field, Copyright © J. S. Paluch Co.

June 23, 2019

OFFICE OF RELIGIOUS EDUCATION

Sister Maria Ruth Linaac, RVM
Director of Religious Education
TELEPHONE NO. (650) 574-9191

June 2019

Religious Education **enrollment** for School Year 2019-2020 is ongoing. Registration forms are available in the Parish and Religious Education Offices or online at www.saintlukefc.org. Register now to avoid late fees.

New Parents Orientation Meeting:

September 4, 2019 (Wednesday), 5:30PM-6:30PM

Classes Start:

September 4, 2019 (Wednesday)

Re-Ed Grades 1-8 and Confirmation 2
5:30PM-6:30PM; 6:45PM-7:45PM



LITURGY OF THE WORD WITH CHILDREN

The Children's Liturgy of the Word is offered at our 9:00AM Mass on Sundays. This is an opportunity for children to listen and interact with the Sunday morning Scripture Reading in their own level. Children's Liturgy of the Word will resume in September.

Volunteers for Sandwiches on Sunday

Be Christ's hands and feed our brethren in need. Please meet in the St. Luke kitchen on **June 30th at 8:00AM** and help prepare sandwiches which will be delivered to the Samaritan House in San Mateo. Contact Peg Culver at 650.349.1408.



Save the Date: St. Luke Annual Parish Picnic

August 17, 2019 (Saturday), 11:00a.m.
Boothbay Park, Foster City
We hope to see you all at the picnic!

The Most Holy Body and Blood Christ

"At the Last Supper, on the night he was betrayed, our Savior instituted the Eucharistic sacrifice of his Body and Blood. This he did in order to perpetuate the sacrifice of the cross throughout the ages until he should come again, and so to entrust to his beloved Spouse, the Church, a memorial of his death and resurrection: a sacrament of love, a sign of unity, a bond of charity, a Paschal banquet 'in which Christ is consumed, the mind is filled with grace, and a pledge of future glory is given to us.'" (CCC#1323)
"I am the Bread of Life... Whoever eats my flesh and drinks my blood has eternal life, and I will raise him on the last day. For my flesh is true food, and my blood is true drink. Whoever eats my flesh and drinks my blood remains in me and I in him... whoever eats this bread will live forever." John 6:48, 54-56, 58

ATTENTION:

The **Knights** meet every 1st Monday of the month at 7:30PM in the St. Luke community center. All Knights are invited to attend. Please contact Tom Consunji at: Tel. No.: 650.892.3312 or email: tconsunji@gmail.com



Next Weekend is a "Fifth" Sunday. Special 2nd Collection for SVDP

June 30th is a "fifth" Sunday. Whenever a fifth Sunday occurs in a month, the parish of St. Luke sets aside a second collection to benefit the works of our local **St. Vincent de Paul Conference**. Its outreach extends to families in Foster City who are in need. The conference asks you to **help them to help others**. Please be as generous as possible. Thank you. Choosing to help those who are suffering will fill your heart with the blessing of Jesus and indeed your reward will be great in heaven.

*No work of charity is foreign to St. Vincent de Paul.
We help to alleviate suffering or deprivation and promote human dignity.*

Welcome to the Family of Christ!

Massimo Messi Alvarez
Son of Jose Ivan and Iliana

Nia Melody Alvarez
Daughter of Jose Ivan and Iliana

Olivia Jaranilla Buaron
Daughter of Joel and Irish

Madison Holmes
Daughter of Joseph and Erin

Audric Miguel Mata Linaac
Son of Ronn Michael and Arma Queen

Jamie Cristine Salonga Siapno
Daughter of Jammil and Criselda

Athena Elise Tiu
Daughter of Ferdinand and Raquel

Nathan Atlas Valdez
Son of Jonathan and Noelle

Noelle Kristine Wahlberg
Daughter of Erik John and Rosemarie

Our Newly Baptized Children and Members of St. Luke Parish Community

*"Christ saved us through the washing of rebirth
and renewal by the Holy Spirit." Titus 3:5*

PRAYER TO THE SACRED HEART OF JESUS

O most holy heart of Jesus, fountain of every blessing, I adore you, I love you, and with lively sorrow for my sins I offer you this poor heart of mine. Make me humble, patient, pure and wholly obedient to your will.

Grant, Good Jesus, that I may live in you and for you. Protect me in the midst of danger.

Comfort me in my afflictions.

Give me health of body, assistance in my temporal needs, your blessing on all that I do, and the grace of a holy death.

Amen.

PARISH EVENTS

June 25 – June 30, 2019

Tuesday (June 25)

3:00 p.m. St. Vincent de Paul Conference

Thursday (June 27)

9:00 a.m. All-Day Eucharistic Adoration

9:00 a.m. Legion of Mary

7:00 p.m. Benediction

Friday (June 28)

The Most Sacred Heart of Jesus

7:00 p.m. Children's Choir Rehearsal

Saturday (June 29)

4:00 p.m.—4:30 p.m. Sacrament of Reconciliation

5:00 p.m. Anticipated Mass

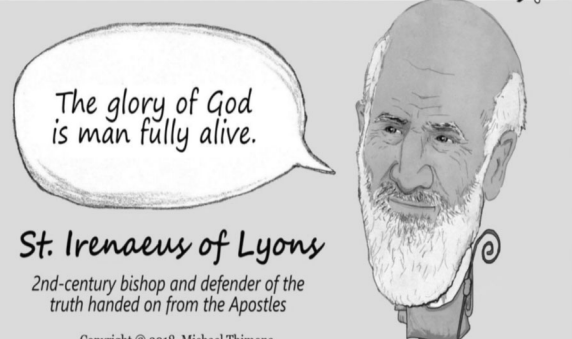
Sunday (June 30)

8:00 a.m. Sandwiches on Sunday/Kitchen

7:30a.m, 9:00am, 10:30am & 5:00pm Holy Masses

*Join us for fellowship, donuts, coffee & juice after the 9:00am & 10:30am Holy Masses

saint snippets



St. Irenaeus of Lyons

2nd-century bishop and defender of the truth handed on from the Apostles

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June 28

The glory of God is man fully alive.

Contact People

Altar Linens: Mary True (650) 571-8783

Altar Servers: Tony Belo (650) 345-6660

Anointing of the Sick: If you know of parishioners who are sick or hospitalized or are unable to attend Mass due to illness or age, please call the office.

Archdiocesan Pastoral Assistance Coordinator:

For persons who have suffered sexual abuse from members of the Catholic clergy. Call (415) 614-5506.

Baptism: Saturdays only, at 11:00AM. Contact the office for preparation class information – prior registration required.

Christian Burial: Kindly call the parish office before meeting with the funeral director.

Cursillo: Kevin & Jo Moran (650) 477-0493

Filipino Cursillo: Deacon Mar Tano (650) 867-5542

Finance Council: John Bernat (650) 678-5840

Grief Support Ministry: Ellen Six (650) 341-0683

Knights of Columbus: Call Tom Consunji (650) 892-3312

Legion of Mary: Thurs. 9:00 am Georgie Unson (650) 345-2613

Lectors & Extraordinary Ministers of Holy Eucharist

Peggy Simkins (650) 573-5370

Marriages: Contact the parish office at least 8-12 months before the desired date.

Music Ministry: Contact Elysabeth Allen (650) 578-0123

Pastoral Council: Dan Linkhorn (415) 533-8797

Religious Education: Sister Maria Ruth (650) 574-9191

Sandwiches on Sunday: Peg Culver (650) 349-1408

SVdP Conference: Peggy Simkins (650) 573-5370

Women's Bible Study: Patti Villano (650) 341-6913

WELCOME IN JESUS' NAME!!

If you wish to join the parish, or if you want to update your information, please fill out this form and either return it to the parish office, or drop it in the collection basket.

Register

Name: (First) _____
(Last) _____

Address: _____

City: _____ Zip: _____

Telephone No. _____

Update Member Information

Name: (First) _____ (Last) _____

Address: _____

City: _____ Zip: _____

Telephone No. _____

INCLUDE THE LORD IN YOUR TRAVEL PLANS

Go to www.masstimes.org to find local Mass times at Catholic churches wherever your travels might take you. Enter the city and country and nearby Mass times will be displayed. God's blessed and safe travel!