Welcome!
Our warmest welcome to all who worship with our faith Community here at St. Luke Parish. Whether you are a long time resident or have newly arrived in the parish, we thank God for you. If you are not registered, please stop by, or call the parish office.

Mission Statement
The Mission of St. Luke’s Catholic Faith Community is to provide the environment where the community joins together to fulfill the spiritual and social needs of all by living and sharing the message of Christ.

Parish Office Hours
Monday through Friday
9:00 a.m.—12:00 p.m. / 1:00 p.m.—4:00 p.m.
Saturdays
9:00 a.m.—12:00 p.m.
- Chapel open from 7:00 a.m. to 7:00 p.m. everyday -

Pastoral Staff
Pastor
Rev. Jonathan G. Paala

Special Associate
Rev. Kieran McCormick

Deacons
Deacon Paul Lucia
Deacon Mar Tano

Director of Religious Education
Sister Maria Ruth Linaac, RVM

Secretaries
Maria Teresa Alvarez
Maryvee Estacio
Sheila O’Neill

Bulletin Deadline: All announcements must be approved by Father Jonathan and must be submitted two weeks prior to the desired bulletin of your choice. Thank you.

Palm Sunday of the Passion of the Lord
April 14, 2019
The Lord God is my help, therefore I am not disgraced.
— Isaiah 50:7a

Lord Jesus Christ, triumphant over sin and death, to You we raise our palms of praise, prayer, fasting and charity. Let Your Holy Spirit lead us to true repentance and conversion. Help us to truly welcome You into our hearts, as tabernacle offerings in honor of Your saving Name.
Amen.

~ Month of April ~
Dedicated to the Holy Spirit

Schedule of Sacraments
Eucharistic Celebrations
Monday through Saturday - 8:30 a.m.
Saturday 5:00 p.m. - Anticipated Mass
Sunday - 7:30 a.m., 9:00 a.m., 10:30 a.m., and 5:00 p.m.

Sacrament of Baptism (Infants)
Baptismal Preparation Class - call the Parish Office
Sacrament of Baptism - Saturdays only at 11:00 a.m.

Sacrament of Reconciliation (Confession)
Saturday - 4:00 p.m. to 4:30 p.m. or by appointment

Sacrament of Marriage
Please call the Parish Office at least 8 - 12 months before the desired wedding date.

Sacrament of Anointing of the Sick
Please call the parish office at (650) 345-6660
THE STORY OF OUR REDEMPTION

We begin the final week of Lent with these familiar readings. This year, we hear the Passion from the Gospel of Luke. These readings for Palm Sunday and the Passion used to be read on successive Sundays. Now they are combined into a single feast, so that we may see the whole sweep of the glory and the suffering played out. Jesus accepts the adulation of the crowd, the foreshadowing of his glory in the Resurrection. He bids farewell to his disciples in his last Passover, and forgives his tormentors as he dies on the cross. Later this week, we enter the Holy Triduum of Holy Thursday, Good Friday, and Holy Saturday, when the whole story of our redemption will play out once again.

TODAY’S READINGS


First Reading — In spite of my sufferings I am not disgraced. I am not put to shame (Isaiah 50:4-7).

Psalm — My God, my God, why have you abandoned me? (Psalm 22).

Second Reading — Christ emptied himself, and God filled this emptiness with exaltation (Philippians 2:6-11).


READINGS FOR THE WEEK

Tuesday: Is 49:1-6; Ps 71:1-6, 15, 17; Jn 13:21-33, 36-38
Wednesday: Is 50:4-9a; Ps 69:8-10, 21-22, 31, 33-34; Mt 26:14-25
Thursday: Chrism Mass: Is 61:1-3a, 6a, 8b-9; Ps 89:21-22, 25, 27; Rv 4:16-21; Lord’s Supper: Ex 12:1-8, 11-14; Ps 116:12-13, 15-16bc, 17-18; 1 Cor 11:23-26; Jn 13:1-15
Friday: Is 52:13 — 53:12; Ps 31:2, 6, 12-13, 15-17, 25; Heb 4:14-16; 5:7-9; Jn 18:1 — 19:42
Saturday: a) Gn 1:1 — 2:2; Ps 104:1-2, 5-6, 10, 12, 13-14, 24, 35; or Ps 33:4-7, 12-13, 20-22; b) Gn 22:1-18 [1-2, 9a, 10-13, 15-18]; Ps 16: 5, 8-11; c) Ex 14:15 — 15:1; Ex 15:1-6, 17-18; d) Is 54:5-14; Ps 30:2, 4-6, 11-13; e) Is 55:1-11; Is 12:2-6; f) Bar 3:9-15, 32 — 4:4; Ps 19:8-11; g) Ez 36:16-17a, 18-28; Ps 42:3, 5; 43:3-4 or Is 12:2-3, 4bcd, 5-6 or Ps 51:12-15, 18-19; h) Rom 6:3-11; i) Ps 118:1-2, 16-17, 22-23; Lk 24:1-12
Sunday: Acts 10:34a, 37-43; Ps 118:1-2, 16-17, 22-23; Col 3:1-4 or 1 Cor 5:6b-8; Jn 20:1-9

SAINTS AND SPECIAL OBSERVANCES

Sunday: Palm Sunday of the Passion of the Lord
Monday: Holy Week; Income Tax Day
Tuesday: Tuesday of Holy Week
Wednesday: Wednesday of Holy Week
Thursday: Holy Thursday; The Sacred Paschal Triduum
Friday: Friday of the Passion of the Lord (Good Friday); Fast and Abstinence; Passover begins
Saturday: The Easter Vigil in the Holy Night; Holy Saturday

Holy Mass Celebrants

Saturday, April 20, 2019
8:00 pm  Fr. Jonathan
Sunday, April 21, 2019
7:30 am  Fr. Joseph
9:00 am  Fr. Al
10:30 am Fr. Jonathan
5:00 pm  Fr. Joseph

Mass Intentions for April 15 - April 21, 2019

<table>
<thead>
<tr>
<th>Date</th>
<th>Time</th>
<th>Intention</th>
<th>Pray for your priests</th>
</tr>
</thead>
<tbody>
<tr>
<td>MON 15</td>
<td>8:30 a.m.</td>
<td>Marites Tse</td>
<td>BD Fr. Kieran McCormick</td>
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<tr>
<td>TUE 16</td>
<td>8:30 a.m.</td>
<td>Malou Gonzalo</td>
<td>BD Fr. Anthony Chung</td>
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<tr>
<td>WED 17</td>
<td>8:30 a.m.</td>
<td>† Maria Antonia Calanoc</td>
<td>Fr. Al Furtado</td>
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<tr>
<td>THU 18</td>
<td>6:00 p.m.</td>
<td>† Aida Ramos</td>
<td>Fr. Francis Njua</td>
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<tr>
<td>FRI 19</td>
<td>No Mass</td>
<td>Good Friday Services</td>
<td>Fr. Joseph Cardoza</td>
</tr>
<tr>
<td>SAT 20</td>
<td>8:00 p.m.</td>
<td>† Enrique Fernandez, Jr.</td>
<td>Fr. Joseph Kengah Mumba</td>
</tr>
<tr>
<td>SUN 21</td>
<td>7:30 a.m.</td>
<td>Missa Pro Populo</td>
<td>Fr. Jonathan Paala Pastor, St. Luke Catholic Church Foster City</td>
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<tr>
<td></td>
<td>9:00 a.m.</td>
<td>† Jesus Guial</td>
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<tr>
<td></td>
<td>10:30 a.m.</td>
<td>† Austin Tierney</td>
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<tr>
<td></td>
<td>5:00 p.m.</td>
<td>Butch &amp; Georgie Unson</td>
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Legend: † - Deceased, SI-Special Intention, BD-Birthday
Missa Pro Populo-General Intentions/Mass for the People

Adore our Lord in the Blessed Sacrament every Thursday and on the First Friday of the month after the 8:30a.m. Holy Mass

Holy Thurs. Exposition of the Blessed Sacrament after the 6:00PM Mass of the Lord’s Supper until 11:00PM

When you look at the crucifix, you understand how much Jesus loved you then. When you look at the Sacred Host, you understand how much Jesus loves you now. (St. Mother Teresa) If we only knew how much Jesus loves us in the Blessed Sacrament we would never want to leave His Eucharistic presence. For nowhere on earth are we more welcomed than in the presence of Jesus in the Blessed Sacrament. Nowhere can we find comfort and healing than in His Heart overflowing with love for us.

We need people who will commit as “Guardian of the Blessed Sacrament.” Sign-up sheets are located in the Chapel foyer.
April 14, 2019

**Eternal rest grant unto the souls of the departed, O Lord**
† Mary Lou Kaufer, † Bishop Frank Quinn,
† Emily Hansen, † Enrique Fernandez, Jr.
and † Kam Chang

**Please pray for God’s healing upon our sick parishioners:**
Juris Arcilla           Bozidar Mihelic
Cesar Cadiz            Jon Miller
Ruben Calderon, Jr.    Sheila O’Neill
Jim Fieler             Diana Pineda
Bobi Herman            Robert Ray
Julia Ho               Josephine Rea
Dennis B. Huang        Ronald Rea
Justin Joy             Angela F. Reyes
Patricia Joy           Jocelyn Reyes
Josephine Kozloski     Rolando Reyes, Jr.
Derrick Lee            Kathy Sampson
Craig Midghall         Priscilla Touchstone
Angela Mihelic         Jim Tremont

“...for by His wounds you were healed.” (1 Peter 2:24)

*If you have sick relatives whom you want us to include in our prayers, please call or email our Parish Office. Their names will be on our list for 6 weeks. If you want us to continue praying for them, please notify the office. Thank you.*

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**Women’s Bible Study Group**

The Women’s Bible Study and Discussion Group meets in Room 4 of the St. Luke Parish Center on Thursdays, 9:30a.m. to 11:30a.m. (Sept. to May), to discuss various books of the Bible, the scripture readings, and to provide prayer support for its members and the community.

**Patti Villano:** 650-341-6913

No meeting on 4/18 (Holy Thurs.); will resume on 4/25.

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**Donate to St. Luke Via Credit Card**

Are you looking for opportunities to show your gratitude to God and share the blessings He has given you? St. Luke is accepting donations via credit card. If you wish to contribute using your credit card, please visit the Parish Office and fill out a donation form. Thank you. God reward you for being a good steward of His bountiful gifts!

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**TREASURES FROM OUR TRADITION**

Later this week, the Chrism Mass is celebrated in every cathedral in the world in preparation for the Easter Triduum. Only a bishop can consecrate chrism, pure olive oil infused with rich fragrance, so this liturgy is a sign of the unity of the local Church and the bishop’s ministry to all who will be baptized and confirmed in our parishes in the coming year.

Chrism is also used in the ordination of priests and bishops and the consecration of new altars. Two other sacramental oils, the unscented olive oil for catechumens and for the sick, will be blessed in the same liturgy and transported carefully to every parish by the beginning of the Triduum.

Remember when Noah’s dove returned with the sign of the world’s rebirth? The dove carried an olive branch, a pledge that God was breathing the world to life again. Yet olives require human nurture. Olives are inedible unless they are cured by human labor. Olive trees grow on sunny slopes, away from the shade of city walls, so they can only be properly tended, cured, and laboriously pressed in peace time. The Chrism Mass with its olive oils expresses God’s deepest desires for us, and our resolve to place our lives in service to God’s saving, healing, loving plan.

—James Field, Copyright © J. S. Paluch Co.
April 14, 2019

OFFICE OF RELIGIOUS EDUCATION
Sister Maria Ruth Linaac, RVM
Director of Religious Education
TELEPHONE NO. (650) 574-9191

ATTENTION:
The Knights meet every 1st Monday of the month at 7:30PM in the St. Luke community center. All Knights are invited to attend. Please contact Tom Consunji at: Tel. No.: 650.892.3312 or email: tconsunji@gmail.com

April 2019

Religious Education Class Days
Grades One - Eight
April 3 and 10
5:30PM to 6:30PM, Grades 1 - 4
6:45PM to 7:45PM, Grades 5 - 8

Confirmation Two Class
3:30PM - 6:00PM including the Youth Mass
April 7 and 14

NO LITURGY OF THE WORD WITH CHILDREN on
Palm Sunday (4/14) & Easter Sunday (4/21)

The Pontifical Good Friday Collection
Pope Francis has asked our parish to support the Pontifical Good Friday Collection, which helps Christians in the Holy Land. Your support helps the church minister in parishes and in Catholic schools, and offer religious education. It also helps to preserve the sacred shrines. The wars, unrest and instability have been especially hard on Christians. In these times of crisis, the Pontifical Good Friday Collection provides humanitarian aid to refugees. When you contribute to the Pontifical Good Friday Collection, you become an instrument of peace and join with Catholics around the world, in solidarity with the Church in the Holy Land. Thank you. God bless your generous heart. For more information, visit: www.myfranciscan.org/good-friday.

HOLY WEEK
HOLY THURSDAY, April 18th
Mass of the Lord’s Supper, 6:00pm
Exposition of the Blessed Sacrament in the Chapel until 11:00pm

GOOD FRIDAY, April 19th
Stations of the Cross at 12:15pm
Reflections on the Seven Last Words at 1:00pm
Liturgy of the Lord’s Passion & Death at 2:00pm
Evening Service at 7:00pm

HOLY SATURDAY, April 20th
Easter Vigil Mass at 8:00pm

EASTER SUNDAY, April 21st
Masses are at 7:30am, 9:00am, 10:30am & 5:00pm
A Christ-filled Easter Triduum to all!

Your gift of Easter Lilies will be most appreciated. The plants can be delivered to the Parish Office starting April 17th until April 20th. Thank you for helping us celebrate the Great Feast of our Risen Lord with a beautiful environment. God bless you all.

FASTING AND ABSTINENCE
Ash Wednesday and Good Friday are obligatory days of fasting and abstinence for Catholics (age 18 until age 59). In addition, Fridays during Lent are obligatory days of abstinence (age 14 onwards). When fasting, a person is permitted to eat one full meal, as well as two smaller meals that together are not equal to a full meal. If possible, the fast on Good Friday is continued until the Easter Vigil (on Holy Saturday night) as the “paschal fast” to honor the suffering and death of the Lord Jesus, and to prepare ourselves to share more fully and to celebrate more readily his Resurrection. Christ said, “Man does NOT live by bread alone.” (Mt. 4:4; Lk. 4:4) This liberates us from total dependence on food, on matter, on the world. Thus, for the Christian, fasting is the only means by which man recovers his true spiritual nature. In order for fasting to be effective, then, the spirit must be a part of it. Christian fasting is not concerned with losing weight. It is a matter of prayer and the spirit. It is discovering that our Lord through His Holy Spirit is with us during this “fight” and “effort” against sin and evil, and that God leads us to the victory of His glorious Resurrection.

Christian tradition can name at least seven reasons for fasting:
1. From the beginning, God commanded some fasting, & sin entered into the world because Adam & Eve broke the fast.
2. For the Christian, fasting is ultimately about fasting from sin.
3. Fasting reveals our dependence on God and not the resources of this world.
4. Fasting is an ancient way of preparing for the Eucharist—the truest of foods.
5. Fasting is preparation for baptism (and all the sacraments)—for the reception of grace.
6. Fasting is a means of saving resources to give to the poor.
7. Fasting is a means of self-discipline, chastity, and the restraining of the appetites. (www.usccb.org)
ACT OF CONSECRATION TO THE HOLY SPIRIT

O Holy Spirit, Divine Spirit of light and love, I consecrate to Thee my understanding, heart, and will, my whole being for time and eternity. May my understanding be always submissive to Thy heavenly inspirations, and to the teaching of the Catholic Church, of which Thou art the infallible guide; may my heart be ever inflamed with love of God and of my neighbor; may my will be ever conformed to the divine will; and may my whole life be a faithful imitation of the life and virtues of our Lord and Savior Jesus Christ, to whom with the Father and Thee be honor and glory forever. Amen.

PARISH EVENTS
April 17 – April 21, 2019

Holy Wednesday (Apr. 17)
7:00 a.m.—8:00 a.m. Men’s Bible Study Group

Holy Thursday (Apr. 18)
6:00 p.m. Mass of the Lord’s Supper/Main Church followed by Potluck Dinner (Community Center)
7 p.m.—11 p.m. Exposition of the Blessed Sacrament

Good Friday (Apr. 19)
1:00 p.m.—4:00 p.m. Offices Closed
12:15 p.m. Stations of the Cross
1:00 p.m. Reflections on the Seven Last Words
2:00 p.m. Liturgy of the Lord’s Passion & Death
7:00 p.m. Evening Service

Holy Saturday (Apr. 20)
8:00 p.m. Easter Vigil Mass

Easter Sunday of the Lord’s Resurrection (Apr. 21)
Holy Masses
7:30 a.m., 9:00 a.m., 10:30 a.m. and 5:00 p.m.

Welcome, in Jesus’ Name!!

If you wish to join the parish, or if you want to update your information, please fill out this form and either return it to the parish office, or drop it in the collection basket.

Register
Name: (First) __________________ (Last) _________________
Address: _________________________________________
City: ______________________ Zip: _________________
Telephone No. ______________________

Update Member Information
Name: (First) __________________ (Last) _________________
Address: _________________________________________
City: ______________________ Zip: _________________
Telephone No. ______________________

Pray for Pope Francis’s Intention (Universal)
Workers in War Zones

For doctors and their humanitarian collaborators in war zones, who risk their lives to save the lives of others.

Contact People
Altar Linens: Mary True (650) 571-8783
Altar Servers: Tony Belo (650) 345-6660
Anointing of the Sick: If you know of parishioners who are sick or hospitalized or are unable to attend Mass due to illness or age, please call the office.
Archdiocesan Pastoral Assistance Coordinator:
For persons who have suffered sexual abuse from members of the Catholic clergy. Call (415) 614-5506.
Baptism: Saturdays only, at 11:00AM. Contact the office for preparation class information – prior registration required.
Christian Burial: Kindly call the parish office before meeting with the funeral director.
Cursillo: Kevin & Jo Moran (650) 477-0493
Filipino Cursillo: Deacon Mar Tano (650) 867-5542
Finance Council: John Bernat (650) 678-5840
Grief Support Ministry: Ellen Six (650) 341-0683
Knights of Columbus: Call Tom Consunji (650) 892-3312
Legion of Mary: Thurs. 9:00 am Georgie Unson (650) 345-2613
Lectors & Extraordinary Ministers of Holy Eucharist
Peggy Simkins (650) 573-5370
Marriages: Contact the parish office at least 8-12 months before the desired date.
Music Ministry: Contact Elysabeth Allen (650) 578-0123
Pastoral Council: Dan Linkhorn (415) 533-8797
Religious Education: Sister Maria Ruth (650) 574-9191
Sandwiches on Sunday: Peg Culver (650) 349-1408
SVdP Conference: Peggy Simkins (650) 573-5370
Women’s Bible Study: Patti Villano (650) 341-6913
Youth Ministry: Amabel Goell (650) 740-7751

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