Welcome!

Our warmest welcome to all who worship with our faith Community here at St. Luke Parish. Whether you are a long time resident or have newly arrived in the parish, we thank God for you. If you are not registered, please stop by, or call the parish office.

Mission Statement

The Mission of St. Luke’s Catholic Faith Community is to provide the environment where the community joins together to fulfill the spiritual and social needs of all by living and sharing the message of Christ.

Schedule of Sacraments

Eucharistic Celebrations
Monday through Saturday - 8:30 a.m.
Saturday (Anticipated Mass) - 5:00 p.m.
Sunday - 7:30 a.m., 9:00 a.m., 10:30 a.m., and 5:00 p.m.

Adoration of the Blessed Sacrament (Chapel)
Thursday & 1st Friday after the 8:30 a.m. Mass concluding with the Benediction at 7:00 p.m.

Baptism (Infants)
Baptismal Preparation Class - call the Parish Office Sacrament of Baptism - Saturdays only at 11:00 a.m.

Reconciliation (Confession)
Saturday - 4:00 p.m. to 4:30 p.m. or by appointment

Marriage
Please call the Parish Office at least 8 - 12 months before the desired wedding date.

Anointing of the Sick
Please call the Parish Office at (650) 345-6660

Parish Office Hours
Monday through Friday
9:00 a.m. — 12:00 p.m. / 1:00 p.m. — 4:00 p.m.
Saturdays
9:00 a.m. — 12:00 p.m.

CHAPEL: Open from 7:00 a.m. to 6:00 p.m.
Thursday & 1st Friday: until 7:00 p.m. (Benediction)

Bulletin Deadline: All announcements must be approved by Father Jonathan and must be submitted two weeks prior to the desired bulletin of your choice. Thank you.

Pastoral Staff

Pastor
Rev. Jonathan G. Paala

Deacon
Deacon Mar Tano

Director of Religious Education
Sr. Maria Ruth Linaac, RVM

Secretaries
Maria Teresa Alvarez
Maryvee Estacio

O God, author of every mercy and of all goodness, who in fasting, prayer and almsgiving have shown us a remedy for sin, look graciously on this confession of our lowliness, that we, who are bowed down by our conscience, may always be lifted up by your mercy.

Through our Lord Jesus Christ, your Son, who lives and reigns with you in the unity of the Holy Spirit, one God, for ever and ever. Amen.

(Collect Prayer)

Month of March
is dedicated to the Saint Joseph

Third Sunday of Lent
March 15, 2020

While we were still sinners Christ died for us.
— Romans 5:8
March 15, 2020

THIRST

Each time today’s Gospel story is read, I can’t help but think of the many television commercials I’ve seen depicting perspiring athletes lifting a beverage to their lips while the scorching sun beats down on them. Our culture has definite ideas about how to quench thirst. Today, those ideas are turned upside down. The Samaritan woman operates, initially, on the TV commercial level. She asks Jesus for the flowing water so that she will not have to keep coming to the well. Jesus then talks about what real thirst is, and how he, and he alone, can quench that thirst. Lent calls us to find those places deep within ourselves where we thirst. In our thirst, as did the Israelites, we cry out to God asking for springs of living water. Deep down we know that only the Lord can satisfy these thirsts.

TODAY’S READINGS

First Reading — When the people grumbled to Moses for water in the desert, the Lord heard and brought forth water from the rock for all to drink (Exodus 17:3-7).

Psalm — If today you hear his voice, harden not your hearts (Psalm 95).

Second Reading — God’s love has been poured into our hearts through the Holy Spirit (Romans 5:1-2, 5-8).

Gospel — Ask, and you will be given living water so that you will never thirst again (John 4:5-42 [5-15, 19b-26, 39a, 40-42]).

We pray that the Church in China may persevere in its faithfulness to the Gospel and grow in unity. We ask this through Christ our Lord. Amen.

Holy Mass Celebrants

Saturday, March 21, 2020
5:00 pm Fr. Jonathan Paala

Sunday, March 22, 2020
7:30 am Fr. Jonathan Paala
9:00 am Fr. Al Furtado
10:30 am Fr. Jonathan Paala
5:00 pm Fr. Jonathan Paala

Holy Mass Intentions for March 16 - 22, 2020

<table>
<thead>
<tr>
<th>Date</th>
<th>Time</th>
<th>Intention</th>
<th>Pray for your priests</th>
</tr>
</thead>
<tbody>
<tr>
<td>MON 16</td>
<td>8:30 a.m.</td>
<td>† Juan Vargas</td>
<td>Fr. Kieran McCormick</td>
</tr>
<tr>
<td>TUE 17</td>
<td>8:30 a.m.</td>
<td>† Mariquita Denoga</td>
<td>Fr. Anthony Chung</td>
</tr>
<tr>
<td>WED 18</td>
<td>8:30 a.m.</td>
<td>† Julita Denoga</td>
<td>Fr. Al Furtado</td>
</tr>
<tr>
<td>THU 19</td>
<td>8:30 a.m.</td>
<td>Josephine Akiyama</td>
<td>Fr. Francis Njua</td>
</tr>
<tr>
<td>FRI 20</td>
<td>8:30 a.m.</td>
<td>† Catalina Gomez</td>
<td>Fr. Joseph Cardoza</td>
</tr>
<tr>
<td>SAT 21</td>
<td>8:30 a.m.</td>
<td>† Catalina Batala &amp; 5:00 p.m.</td>
<td>Fr. Joseph Kengah Mumba</td>
</tr>
<tr>
<td>SUN 22</td>
<td>7:30 a.m.</td>
<td>Missa Pro Populo</td>
<td>Fr. Jonathan Paala Pastor, St. Luke Catholic Church Foster City</td>
</tr>
<tr>
<td></td>
<td>9:00 a.m.</td>
<td>† Benigno Mendoza</td>
<td></td>
</tr>
<tr>
<td></td>
<td>10:30 a.m.</td>
<td>† Bienvenido Mendoza</td>
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<tr>
<td></td>
<td>5:00 p.m.</td>
<td>† Ernest Go</td>
<td></td>
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</tbody>
</table>

Legend: † - Deceased, SI-Special Intention, BD-Birthday

Missa Pro Populo-General Intentions/Mass for the People

Adore our Lord in the Blessed Sacrament every Thursday and on the First Friday of the month after the 8:30 a.m. Holy Mass Benediction is at 7:00 p.m.

“Look upon the hour of adoration assigned to you as an hour in paradise. Go to your adoration as one would to heaven, to the divine banquet. You will then long for that hour and hail it with joy. Take delight in fostering a longing for it in your heart. Tell yourself, ‘In four hours, in two hours, in one hour, our Lord will give me an audience of grace and love. He has invited me; he is waiting for me; he is longing for me.’”

—St. Peter Julian

“For the bread of God is the bread that comes down from heaven and gives life to the world.” — John 6:33

We need people who will commit as “Guardian of the Blessed Sacrament.”

Sign-up sheets are located in the Chapel foyer.
March 15, 2020

Eternal rest grant unto the souls of Your beloved, O Lord.

†Catalina Batac, †Daniel Concepcion,
†Ida Jacobs, †Josephine Kozloski,
†Courtney LaTour, †Aurora B. Nario
and †Sigred Saavedra

We pray for God’s healing upon our sick parishioners:
Feliz Ácosta           Arturo Martin
Baby Aleman           Andres Mendez
Juris Arcilla         Angela Mihelcic
Minerva Barnhart      Bozidar Mihelcic
Teresa Bautista       Jon Miller
Jim Bortak            Edgar Navarro
Ruben Calderon, Jr.   Ed Page
Michael Carmody       Angelina Paguio
Elizabeth Fong        Patti Panfile
Dennis B. Huang       Rosetta Parisian
Barbara Keefer        Tom Pope
Tom Keefer            Frances Presutto
JoAnn Kozloski       Angela F. Reyes
Jackie Kuo            Estrella Reyes
Badette Ledesma      Kathy Sampson
Celia Leones          Jennifer Shamway
Dancy Lim             Manny Torres
Christian Liwag       Priscilla Touchstone

“...for by His wounds you were healed.” (1 Peter 2:24)

If you have sick relatives whom you want us to
include in our prayers, please call or email
our Parish Office. Their names will be on our list for the
month of March. If you want us to continue praying
for them, please notify the office. Thank you.

HELP JESUS IN DISGUISE

Next weekend, March 21/22, our parish will take
up The Catholic Relief Services Collection (CRSC).
Funds from the collection provide food for the
hungry, support displaced refugees, and bring
Christ’s love and mercy to all people here and
abroad. Next week, please give generously to the
CRSC and help Jesus in disguise. Learn more about
the collection at usccb.org/catholic-relief.

March 7/8                                    $ 2,857.00
Parish Skip-A-Meal Program                 $ 1,235.00

Your generous contribution helps us fulfill
Christ’s mission. Thank you! God bless you!

“Amen, I say to you, whatever you did for one of the
least brothers of mine, you did for me,” says the Lord.
Matthew 25:40

SAINT JOSEPH, HUSBAND OF
THE BLESSED VIRGIN MARY—March 19

Joseph, someone once joked, was indeed the perfect
husband: the only major character in Jesus’ story who
never utters a word! But the Gospel recounts and the litur-
yge celebrates his silent witness of faith-filled deeds:

“With a husband’s love he cherished Mary, the Vir-
gin Mother of God; with fatherly care he watched over
Jesus” (Preface of Saint Joseph, Sacramentary). Catholic
devotion, therefore, hails him as patron-protector of the
universal Church. Some cultures set a festive “Saint
Joseph’s Table,” welcoming the poor and strangers to
feast with family and friends. Tradition keeps today as the
anniversary of his death, which we presume was peaceful,
with Jesus and Mary present. Thus, Catholics invoke Jo-
seph as Patron of a Happy Death. Descended from Da-
víd’s house, which God finished “building” through Jo-
seph’s provision of a home for Mary and
Jesus, he was, fittingly, a carpenter by trade; thus, patron
of workers. Spring, nature’s rebirth, begins between his
feast and Annunciation (March 25), appropriately, since
Joseph’s silent obedience and Mary’s “Let it be done to
me according to your word” (Luke 1:38) usher in
humanity’s spiritual rebirth.

—Peter Scagnelli, Copyright © J. S. Paluch Co.
March 15, 2020

OFFICE OF RELIGIOUS EDUCATION
Sister Maria Ruth Linaac, RVM
Director of Religious Education
TELEPHONE NO. (650) 574-9191
EMAIL: st.lukereed@gmail.com

ATTENTION:
The Knights meet every 1st Monday of the month at 7:30PM in the St. Luke community center. All Knights are invited to attend. Please contact Eddie Torres at: Tel. No.: 650-823-3911 or email: edginho@hotmail.com

March 2020
Religious Education Classes
Grades One - Eight
March 4th, 11th and 18th
Grades 1-4 (5:30PM to 6:30PM)
Grades 5-8 (6:45PM to 7:45PM)

Confirmation Two Classes
March 4th, 11th and 18th
6:45PM to 7:45PM

LITURGY OF THE WORD
WITH CHILDREN

The Children’s Liturgy of the Word is offered at our 9:00AM Mass on Sundays. This is an opportunity for children to listen and interact with the Sunday morning Scripture Reading in their own level. There is no fee or registration and it is open to all children at Mass who are preschoolers (4 years old) through children in 2nd grade.

Children’s Liturgy of the Word starts when the priest presider at Mass invites the children to gather in front of the altar after the opening prayer. With the dismissal blessing, the children process out of the Church and proceed to the Religious Education Office for their own Scripture Readings. The children return to their families at Mass in time for the Liturgy of the Eucharist.

“As Lent is the time for greater love, listen to Jesus’ thirst...He knows your weakness. He wants only your love, wants only the chance to love you.”
– St. Teresa of Calcutta

The Light is On for You...
Confession Times this Lent
Our Lord is waiting for you in the confessional. The light of His reconciling love is on during Thursdays of Lent, from 6:00p.m. to 8:00p.m. in the St. Luke Church Reconciliation Room.

Journey with Christ in His Passion
Join us every Friday evening during Lent to pray and meditate on the Stations of the Cross, beginning at 7:00p.m. in the main church.

LENTEN BIBLE SERIES
The Women’s Bible Study Group is inviting all parishioners to attend its 3-series presentation for the Lenten season.
Dates: March 12, March 19, March 26
Time: 10:00 a.m. — 11:30 a.m.
Place: St. Luke’s Church Meeting Room (Room 4)

With Dr. Ellen Six as presenter, we will examine the stories of Bible women from the Samaritan woman at the well to the women at the Tomb. They all heard the words, “Go and Tell.” We will search for how to live out those words in our lives.
Contact Patti Villano (650) 341-6913

COVID-19 and FLU INFORMATION
The Archdiocesan website, sfarch.org/health-alerts contains information from the Office of Worship regarding flu and Covid-19, and how to keep our congregations healthy during this current season. This information will be updated as new recommendations are received from the county health departments. Please check the site often and follow social media accounts, twitter.com/ArchdioceseSF facebook.com/RomanCatholicArchdioceseofSanFrancisco for the most timely news related to Archdiocesan events and alerts.

Archdiocesan schools are open at this time unless the health departments decide there is reason to close. For further information, please visit the Department of Catholic Schools website, schools.sfarchdiocese.org/important-announcements

Let us pray...Jesus Christ, you traveled through towns and villages “curing every disease and illness.” At your command, the sick were made well. Come to our aid now, in the midst of the global spread of the coronavirus, that we may experience your healing love. Heal those who are sick with the virus. May they regain their strength and health through quality medical care. Be with the scientists, health professionals, public officials, and all who are serving the common good in this difficult and uncertain time, and fill them with wisdom and understanding. Strengthen our faith and trust in your goodness and divine providence. Jesus Christ heals us. Amen.
PARISH EVENTS
March 18 – March 22, 2020

Wednesday (March 18)
7:00 a.m.—8:00 a.m. Men’s Bible Study
Re-Ed & Confirmation 2 Classes (Refer to page 4)

Thursday (March 19)
9:00 a.m. All-Day Eucharistic Adoration/Chapel
9:00 a.m. Legion of Mary
10:00 a.m.—11:30 a.m. Lenten Bible Series/Room 4
6:00 p.m.—8:00 p.m. Confessions/Church
7:00 p.m. Benediction/Chapel

Friday (March 20)
7:00 p.m. Stations of the Cross/Church

Saturday (March 21)
4:00 p.m.—4:30 p.m. Sacrament of Reconciliation
5:00 p.m. Anticipated Mass

Sunday (March 22)
7:30am, 9:00am, 10:30am & 5:00pm Holy Masses
*Join us for fellowship, donuts, coffee and refreshments after the 7:30 a.m., 9:00 a.m.,
& 10:30 a.m. Holy Masses in the community center*

PRAYER TO ST. JOSEPH
Remember, most pure spouse of the Blessed Virgin Mother of God, our loving protector, Saint Joseph, that no one ever had recourse to your protection or asked for your aid without obtaining relief. Confiding, therefore, in your goodness, we come before you and with humble hearts implore you. Be our father, protector, and guide in the way of salvation. After your example, let all our actions be directed to the greatest glory of God, in union with the Divine Heart of Jesus, the Immaculate Heart of our Blessed Mother, and your own paternal heart. AMEN.

CONTACT PEOPLE
Altar Linens: Mary True (650) 571-8783
Altar Servers: Tony Belo (650) 345-6660
Anointing of the Sick: If you know of parishioners who are sick or hospitalized or are unable to attend Mass due to illness or age, please call the office.
Archdiocesan Pastoral Assistance Coordinator:
For persons who have suffered sexual abuse from members of the Catholic clergy. Call (415) 614-5506.
Baptism: Saturdays only, at 11:00AM. Contact the office for preparation class information – prior registration required.
Christian Burial: Kindly call the parish office before meeting with the funeral director.
Cursillo: Kevin & Jo Moran (650) 477-0493
Filipino Cursillo: Deacon Mar Tano (650) 867-5542
Finance Council: John Bernat (650) 678-5840
Grief Support Ministry: Ellen Six (650) 341-0683
Knights of Columbus: Eddie Torres (650) 823-3911
Legion of Mary: Thurs. 9:00 am Georgie Unson (650) 345-2613
Lectors & Extraordinary Ministers of Holy Eucharist
Peggy Simkins (650) 573-5370
Marriages: Contact the parish office at least 8-12 months before the desired date.
Music Ministry: Contact Elysabeth Allen (650) 578-0123
Pastoral Council: Eddie Torres (650) 823-3911
Religious Education: Sister Maria Ruth (650) 574-9191
Sandwiches on Sunday: Peg Culver (650) 349-1408
SVdP Conference: Peggy Simkins (650) 573-5370
Women’s Bible Study: Patti Villano (650) 341-6913

RESOURCES FOR LENT
The Archdiocese of San Francisco website has a page devoted to Lent, visit sfarch.org/lent
The U.S. Conference of Catholic Bishops (USCCB) offers Lenten resources in a variety of media.
The website Strong Catholic Family Faith offers many resources, especially for children and families.
Loyola Press, a Jesuit ministry, offers a multitude of Lenten information, activities, and communications.
The Catholic Education Resource Center offers many things, visit the site and search for “Lent”.

LITURGICAL PRACTICES DURING THE COVID-19 OUTBREAK
• Refrain from holding hands during the Lord’s Prayer or shaking hands during the sign of peace. Instead offer a smile, a nod or a bow.
• Holy Communion will be administered into the hands only and not onto the tongue.
• For safety, our holy water fonts will not be used at this time.
To read the full memo of Fr. Jonathan, visit our parish website, saintlukefc.org

WELCOME IN JESUS’ NAME!!
If you wish to join the parish, or if you want to update your information, please fill out this form and either return it to the parish office, or drop it in the collection basket.

Register
Name: (First) ____________________________ (Last)_____________________
Address: _________________________________________
City: ______________________ Zip: _________________
Telephone No. ______________________

Update Member Information
Name: (First)__________________ (Last)_________________
Address: _________________________________________
City:_______________________ Zip: _________________
Telephone No. ______________________

If you wish to join the parish, or if you want to update your information, please fill out this form and either return it to the parish office, or drop it in the collection basket.

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