Welcome!

Our warmest welcome to all who worship with our faith Community here at St. Luke Parish. Whether you are a long time resident or have newly arrived in the parish, we thank God for you. If you are not registered, please email us.

**CHAPEL will be OPEN for PERSONAL PRAYER**
Monday through Sunday, 9:00 a.m. to 6:00 p.m.

**SACRAMENTS**
- Eucharistic Celebrations
- Tune in to EWTN TV or watch livestream Mass at https://sfarch.org/livestreams
- Baptism (Infants)
- NO Sacrament of Baptism, unless urgent
- Reconciliation (Confession)
- Saturday, 4:00pm at the Church
- Please sign up at saintlukefc@gmail.com
- Marriage
- Please call the Parish Office at least 8 - 12 months before the desired wedding date.
- Anointing of the Sick
- For Last Rites please email us.

**PASTORAL STAFF**
- Pastor
  - Rev. Jonathan G. Paala
- Deacon
  - Deacon Mar Tano
- Director of Religious Education
  - Sr. Maria Ruth Linaac, RVM
- Secretaries
  - Maria Teresa Alvarez
  - Maryvee Estacio
LOOKING BACK AND LOOKING FORWARD

Today’s readings look back at both the Crucifixion and the Resurrection, remembering the promise given to David that Jesus would be raised from the dead. The Psalm and First Peter look forward to our lives as we await our resurrection and consider the sacrifice made by Jesus. Luke tells us the story of another experience of the risen Jesus. The disciples unknowingly walk with Jesus and tell him of the Crucifixion and the Resurrection. Jesus himself looks back with them to the promises made to Moses and all the prophets about his death and resurrection. Still they do not know who he is. It is only when he blesses and breaks bread and shares it with them that they realize it is Jesus. Then they race back to Jerusalem to tell the others.

SLOW OF HEART

After the crucifixion and resurrection of Jesus, two of the disciples hit the road and try to escape all the uncertainty, fear, remorse, and guilt they feel. They feel the same regret that the disciples feel in Acts and First Peter. They meet another man traveling the same road and are astonished when he seems to know nothing about the events that so occupy their thoughts. These events have consumed them, have broken their hearts, have left them downcast and blind to the very person who joins them on their journey. Their companion, Jesus, takes them through their own tradition, through the Old Testament promise that someone just like him would come, be killed, and would rise from the dead. Though they do not recognize him by the words alone, they do not want him to leave. Lucky for them he stays.

IN THE BREAKING OF THE BREAD

Despite all the hints, the disciples do not recognize Jesus. They remain consumed with their own confusion and fear and they cannot see who is right in front of them. It is only with the blessing, breaking, and sharing of the bread that they suddenly recognize Jesus. No words, however insightful, can penetrate the confusion and fear the disciples feel. Through the simple act of breaking and blessing bread they recognize Jesus. Even as their “hearts were burning,” their minds did not know. How often do we not see what is right before us because we are so consumed with our own worries, regrets, concerns? Like the disciples it takes an action like the breaking of the bread, a reminder of the death of Jesus, his sacrifice, to get us to understand what our hearts already know.

TODAY’S READINGS

Acts 2:14, 22–33
Psalm 16:1–2, 5, 7–11
1 Peter 1:17–21
April 26, 2020

GOD’S PLAN

Saint Peter speaks to us twice today. In the first reading, we hear an excerpt from his sermon on Pentecost; in the second, part of his first letter. Once a frightened, uneducated fisherman who often said just the wrong thing, now Peter is speaking what he knows to be true. Everything Jesus had said now makes sense. His death and rising were all part of God’s plan, and our faith and hope can be centered on God.

Today’s Gospel tells the story of Jesus’ walk to Emmaus with two of the disciples. Frightened, sad, and confused, the two of them don’t recognize Jesus, who tells them what we heard Peter say above: All this had to happen as part of God’s plan. In the end, these disciples recognize Jesus as we are to recognize him—in the breaking of the bread.

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TODAY’S READINGS
First Reading — God has raised the crucified Jesus, who now pours forth the Holy Spirit upon us (Acts 2:14, 22-33).
Psalm — Lord, you will show us the path of life (Psalm 16).
Second Reading — Our faith and hope are in God, who raised Jesus from the dead (1 Peter 1:17-21).
Gospel — Through his words and in the breaking of the bread, the risen Christ made himself known to two disciples on their way to Emmaus (Luke 24:13-35).

SPECIAL OBSERVANCES
Sunday: Third Sunday of Easter
Tuesday: St. Peter Chanel;
St. Louis Grignon de Montfort
Wednesday: St. Catherine of Siena
Thursday: St. Pius V
Friday: First Friday of the Sacred Heart of Jesus
Heart of Jesus, king and center of all hearts, aflame with love for us, have mercy on us.
Friday: St. Joseph the Worker
Saturday: First Saturday of the Immaculate Heart
Immaculate Heart of Mary, health of the sick and comforter of the afflicted, pray for us.
Saturday: St. Athanasius
Sacred Heart of Jesus & Immaculate Heart of Mary, reign & triumph in our hearts.

PRAY FOR POPE FRANCIS’ INTENTION

FREEDOM FROM ADDICTION

We pray that those suffering from addiction may be helped and accompanied.
We ask this through Christ our Lord. Amen.

No daily and Sunday Mass
in Church until further notice.
Mass intentions will still be offered
during the private Mass celebrated by our
Pastor, Fr. Jonathan Paala.
Tune in to EWTN TV or watch livestream Mass
at https://sfarch.org/livestreams

Holy Mass Intentions for April 27—May 3, 2020

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<td>MON 27</td>
<td>Catherine Lee SI</td>
<td>Fr. Kieran McCormick</td>
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<td>TUE 26</td>
<td>† Hunfredo Estacio</td>
<td>Fr. Anthony Chung</td>
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<td>WED 29</td>
<td>Joseph Anthony Denoga BD</td>
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<td>† Geronia Macaraeg Peter Joseph Longa Saad</td>
<td>Fr. Joseph Kengah Mumba</td>
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<td>SUN 3</td>
<td>† Paul Luu</td>
<td>Fr. Jonathan Paala Pastor St. Luke Catholic Church</td>
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Legend: † - Deceased, SI-Special Intention, BD-Birthday
Missa Pro Populo-General Intentions/Mass for the People

Adore our Lord in the Blessed Sacrament

It is there in the Eucharist that Jesus says to us, “I thirst, I thirst for your love, your sacrifices, your sufferings. I thirst for your happiness, for it was to save you that I came into the world, that I suffered and died on the Cross, and in order to console and strengthen you I left the Eucharist. So you have there all My life, all My tenderness.”

“For the bread of God is the bread that comes down from heaven and gives life to the world.” —John 6:33

Although the Exposition of the Blessed Sacrament has been suspended until further notice, the Chapel will remain open, Monday through Sunday, from 9:00 a.m. to 6:00 p.m. to allow moments of personal encounter with our Lord in the Blessed Sacrament.

For Online Perpetual Eucharistic Adoration, visit: virtualadoration.home.blog

April 26, 2020

You expired, Jesus, but the source of life gushed forth for souls, and the ocean of mercy opened up for the whole world. O Fount of Life, unfathomable Divine Mercy, envelop the whole world and empty Yourself out upon us.

O Blood and Water, which gushed forth from the Heart of Jesus as a fount of mercy for us,
I trust in You! (3x)

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Eternal rest grant unto the souls of Your beloved, O Lord.
†Sue Rathjen, †Terrence O’Donnell, †Pauline Glenn,
†Mary Grace Reyes, and †Gertrudes Ubaldo

We pray for God’s healing mercies upon the sick:

Feliz Acosta
Baby Aleman
Juris Arcilla
Minerva Barnhart
Teresa Bautista
Jim Bortak
Ruben Calderon, Jr.
Michael Carmody
Elizabeth Fong
Dennis B. Huang
Barbara Keefer
Tom Keefer
JoAnn Kozloski
Jackie Kuo
Badette Ledesma
Celia Leones
Dancy Lim
Christian Liwag
Arturo Martin
Andres Mendez
Angela Mihelec
Božidar Mihelec
Jon Miller
Edgar Navarro
Ed Page
Angelina Paguio
Patti Panfile
Rosetta Parisian
Tom Pope
Frances Presutto
Angela F. Reyes
Estrella Reyes
Kathy Sampson
Jennifer Shamway
Manny Torres
Priscilla Touchstone
Those suffering from
the Coronavirus

“...for by His wounds you were healed.” (1 Peter 2:24)
LIVE STREAM MASSES
At the heart of the Eucharistic celebration are the bread and wine that, by the words of Christ and the invocation of the Holy Spirit, become Christ's Body and Blood. Faithful to the Lord's command the Church continues to do, in his memory and until his glorious return, what he did on the eve of his Passion: “He took bread. . . .” “He took the cup filled with wine. . . .” (Catechism of the Catholic Church, 1333)

Masses every day at the Cathedral of St. Mary of the Assumption in San Francisco
https://www.youtube.com/archdioceseofsanfrancisco
Monday through Friday:
7:30 am and 12:10 pm
Saturday 8:00 am and 5:30 pm
Sunday 7:30am, 9:00am, and 11:00 am;
Spanish Mass at 1:00 pm

SAN MATEO COUNTY

St. Gregory Parish, San Mateo
http://saintgregorychurch.org and
https://www.facebook.com/saintgregorychurch
Daily including weekends at 12:00 noon

St. Charles, San Carlos/St. Matthias,
Redwood City
https://www.facebook.com/StCharlesParishSC
Monday-Saturday 5:00 pm
Sunday 9:00 am

Our Lady of Angels Parish, Burlingame
Monday-Friday 8:00 am
Saturday 5:00 pm
Sunday 10:00 am

Our Lady of the Wayside, Portola Valley
and St. Denis, Menlo Park
https://www.facebook.com/groups/1243580612689197
Monday-Saturday 11:30 am

St. Augustine Parish, South San Francisco
https://www.facebook.com/SACC45thYear
Daily Mass 10:00 am

Eternal Word Television Network (EWTN)
Comcast 229 Direct TV 370, Dish 261,
AT&T 562, Astound 80, Sirius
Live stream: ewtn.com/tv

Bishop Barron’s Word on Fire
https://www.wordonfire.org/daily-mass

All Souls Parish, South San Francisco
https://allsoulsparishssf.org/
Daily 6:00 pm

St. Francis of Assisi Parish, East Palo Alto
https://www.facebook.com/Parroquia-de-San-Francisco-de-Asis-103290567983242
Monday-Friday 8:00 am (Bilingual)
Saturday 6:00 pm (Spanish)
Sunday 7:30 am (English) and 9:30 am
(Spanish)

Our Lady of Mercy Parish, Daly City
https://www.facebook.com/olmdalycity
Saturday 4:00 pm
Sunday 9:00 am and 12:00 noon

St. Pius Parish, Redwood City
https://www.pius.org/stream
Evening Prayer Daily, 6:00 pm
Daily Mass 11:00 am (Spanish)
and 12:00 noon (English)
Sunday 9:30 (English) & 11:30 am (Spanish)

St. Raymond Parish, Menlo Park
https://www.facebook.com/fatherjerome.cudden
Daily 9:00 am (including Sunday)
Walking with Moms in Need: A Year of Service
The United States Conference of Catholic Bishops Secretariat for Pro-Life Activities has launched a Walking with Moms in Need: a Year of Service project starting March 25, 2020. During this time of the COVID-19 pandemic, we can come together to build a foundation of prayer for this effort from our home base. Sign up today at www.walkingwithmoms.com for the prayers and to support this year-long project.

Novena to St. Gianna Beretta Molla. Beginning on April 28, the feast day of St. Gianna Beretta Molla, the USCCB will share a novena seeking her intercession for pregnant women and all who are affected by the COVID-19 pandemic. St. Gianna was a 20th century physician, wife, and mother. To receive this novena, sign up at www.walkingwithmoms.com/saint-gianna-novena

Pray Daily for Pregnant Mothers. Go to: www.walkingwithmoms.com/prayer-for-pregnant-mothers

Rosary and Novena for Vocations
The Office of Vocations invites all Catholics to pray for our current seminarians and those being called to enter the seminary, and for an end to the pandemic. Pray the Rosary and Novena Prayer to St. Charles Borromeo each evening with others beginning on April 24 (the prayer is livestreamed on youtube.com/starparish). The Novena will culminate in the World Day of Prayer for Vocations on May 3. St. Charles Borromeo was a priest who helped to care for the sick in a plague during the 1600s in Milan. He also is the patron saint of seminarians. Contact Fr. Cameron Faller 415-614-5683 | faller.cameron@sarch.org

Mental Health during the COVID-19 Pandemic
The Archdiocesan Mental Health Ministry has posted on its webpage an article and a video that can help with stress and anxiety during this unprecedented time of pandemic. The article and the video recommend, and demonstrate, the practice of prayer. In addition to these new additions, the Mental Health webpage has many other resources, and contact information for mental help consultations and interventions. Visit sfarch.org/mental-health.

St. Mary’s Cathedral Offers Crisis Prayer Helplines
All are invited to e-mail prayer petitions to Deacon Sandoval at the Cathedral of St. Mary of the Assumption. We will remember those who are suffering illness of spirit, mind, or body, those who are grieving, and those who are infected or affected by the coronavirus. Crisis Helpline Prayer Phone Support is also available. Please e-mail your request to Rcs7777@comcast.net or by phone. We are available particularly for those who are sick, homebound, or in hospital, and those are infected and affected by the coronavirus.

Marriage Encounter Weekend Set for August
Marriage Encounter is a positive, simple common sense, private experience between you and your spouse, that revitalizes marriage by helping you to see again those loving qualities in each other that you might be taking for granted. The next scheduled Marriage Encounter is August 1-2 in San Francisco. For information and updates, visit the website, sanjosewme.org, or contact Ken and Claranne at 408-782-1413.

Daily Rosary via Phone
Participate with fellow Catholics in prayer for protection from and defeat of the COVID-19 pandemic. The Restorative Justice Ministry of the Archdiocese of San Francisco offers a Daily Rosary Rally and Community Prayer at 7:00pm, in which we can join together through our phones. For a complete schedule, and instructions on how to join the community in prayer, visit the Rosary Rally page sfarchdiocese.org/roary

STAY WITH US, LORD
Walk with us, Lord, along the road of resurrection!
Explain for us, so slow to believe, the things that Scripture says of you.
Break the bread of the Eucharist with us whenever we share our lives with our brothers and sisters.
Stay with us each time night approaches and the daylight fades in our hearts!

—From Come, Lord Jesus by Lucien Deiss, CSsSp; copyright © 1976, 1981, Lucien Deiss. Published by World Library Publications. p.168
May your people exult for ever, O God, in renewed youthfulness of spirit, so that, rejoicing now in the restored glory of our adoption, we may look forward in confident hope to the rejoicing of the day of resurrection. Through our Lord Jesus Christ, your Son, who lives and reigns with you in the unity of the Holy Spirit, one God, for ever and ever. Amen.

**Month of April**
is dedicated to the Holy Eucharist and to the Holy Spirit

**Prayer to our Eucharistic Lord Jesus**

**Act of Spiritual Communion**

My Jesus,
I believe that You are present in the Most Holy Sacrament.
I love You above all things, and I desire to receive You into my soul.
Since I cannot at this moment receive You sacramentally, come at least spiritually into my heart.
I embrace You as if You were already there and unite myself wholly to You.
Never permit me to be separated from You.
Amen.

**Act of Consecration to the Holy Spirit**

O Holy Spirit, Divine Spirit of light and love, I consecrate to Thee my understanding, heart, and will, my whole being for time and eternity. May my understanding be always submissive to Thy heavenly inspirations, and to the teaching of the Catholic Church, of which Thou art the infallible guide; may my heart be ever inflamed with love of God and of my neighbor; may my will be ever conformed to the divine will; and may my whole life be a faithful imitation of the life and virtues of our Lord and Savior Jesus Christ, to whom with the Father and Thee be honor and glory forever. Amen.
PRAYER TO OUR LADY OF GUADALUPE

Holy Virgin of Guadalupe,
Queen of the Angels and Mother of the Americas.
We fly to you today as your beloved children.
We ask you to intercede for us with your Son,
as you did at the wedding in Cana.
Pray for us, loving Mother,
and gain for our nation and world,
and for all our families and loved ones,
the protection of your holy angels,
that we may be spared the worst of this illness.
For those already afflicted,
we ask you to obtain the grace of healing and deliverance.
Hear the cries of those who are vulnerable and fearful,
wipe away their tears and help them to trust.
In this time of trial and testing,
teach all of us in the Church to love one another and to be patient and kind.
Help us to bring the peace of Jesus to our land and to our hearts.
We come to you with confidence,
knowing that you truly are our compassionate mother,
health of the sick and cause of our joy.
Shelter us under the mantle of your protection,
keep us in the embrace of your arms,
help us always to know the love of your Son, Jesus. Amen.

— Archbishop José Gómez of Los Angeles, President United States Conference of Catholic Bishops

BELLS CALL TO PRAYER

Set your alarm to these times, then pray the indicated prayer at that hour.
9:00 a.m. - Prayer for those infected with the virus and all who are ill
Lord, place your healing hand on those who suffer illness. Bring them to full health and ease their anxious hearts. May our prayer and the intercession of the Blessed Virgin Mary encourage them that they are not alone. We ask this in Jesus’ Name. Amen.

12:00 p.m. - Prayer for health care workers and those attending to the sick
Lord, we are ennobled by those who put their lives at risk in caring for the sick. Keep them safe and embolden them when they are weary. We ask this in Jesus’ Name. Amen.

3:00 p.m. - Prayer for first responders and essential workers
Lord, we pray for those who run to danger to keep us safe and those who serve the common good. Embrace them with your mantle of protection and comfort the fears of their families. We ask this in Jesus’ Name. Amen.

6:00 p.m. - Prayer for people of every nation and their leaders
Lord, the pandemic opens our eyes to see each other as brothers and sisters in one human family. We pray for people of every nation and their leaders, asking that they be inspired to seek the good of all and quell the voices of division. We ask this in Jesus’ Name. Amen.

9:00 p.m. - Prayer for those who have died today
Lord, we grieve the passing of our sisters and brothers who have died this day. We commend them to your tender mercy, confident that nothing, not even death, will separate us from your love. We ask this in Jesus’ Name. Amen.

— Cardinal Blase J. Cupich, Archbishop of Chicago
Emmaus might as well be Brigadoon. We hear of it in this one story—and it’s only in Luke—and then it disappears. The journey to Emmaus is one of the most beloved stories about Jesus, and yet the town is probably “mythical” in the truest sense. Like so much of life, this story is about the journey, not the destination. Running away from Jerusalem and their fears, probably going home in disillusionment, two of Jesus’ disciples encounter a stranger on the road who, like a rabbi, is able to help them understand their experiences using his deep knowledge of scripture. Later, sharing a meal with him, they recognized the stranger as Jesus, and they return to Jerusalem to tell the others. How like our Mass—we hear the scriptures and an explanation of them, we share a meal, and then we go out to tell the good news.

THE STRANGER

Imagine meeting a stranger, a fellow traveler, who butts into the conversation you’re having with your friend. The two disciples in today’s Gospel are heading to Emmaus, seven miles away from Jerusalem, heartbroken and disillusioned. It’s the day of Jesus’ resurrection, but no one knew it when these two set out on their journey, maybe going home to resume their pre-Jesus lives because it seemed as if everything was over.

In the middle of trying to make sense of the tragedy, some eavesdropping guy asks them about their troubles. After telling their story, the disciples are amazed to find this stranger able to piece together the fragments of the broken image of their master using scripture as the glue. Then it happens—at dinner they recognize Jesus in the breaking of bread, just before he vanishes. With their hearts burning with love and inspiration, they run back to Jerusalem—at night—to tell the others their new story.

THE STRANGER/SHEPHERD

The stranger in this story who turns out to be Jesus is reminiscent of the Gospel images of Jesus as the Good Shepherd. He seeks out his “lost sheep” who have strayed from the faith community, and the experience of the risen Lord transforms them into perhaps the very first evangelists, sharing their Good News with their friends back in Jerusalem.

Are we transformed by the time we leave Mass? We should be! Our hearts should be burning within us from our experience of Jesus in word and sacrament. Yet how often life breaks our heart and clouds our mind! We stumble toward our own Emmaus, unaware that Jesus is with us. We are privileged to experience Jesus in every Eucharist through the breaking open of scripture and by the breaking of the bread. Like the disciples of the story, that transforming experience can compel us to go forth and tell everyone the Good News.

Today’s Readings: Acts 2:14, 22–33; Ps 16:1–2, 5, 7–8, 9–10, 11; 1 Pt 1:17–21; Lk 24:13–35

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You have made known to me the paths of life; you will fill me with joy in your presence. — Acts 2:28