Welcome!
Our warmest welcome to all who worship with our faith Community here at St. Luke Parish. Whether you are a long time resident or have newly arrived in the parish, we thank God for you. If you are not registered, please stop by, or call the parish office.

Mission Statement
The Mission of St. Luke’s Catholic Faith Community is to provide the environment where the community joins together to fulfill the spiritual and social needs of all by living and sharing the message of Christ.

Parish Office Hours
Monday through Friday
9:00 a.m.—12:00 p.m. / 1:00 p.m.—4:00 p.m.
Saturday
9:00 a.m.—12:00 p.m.
- Chapel open from 7:00 a.m. to 7:00 p.m. everyday -

Pastoral Staff
Pastor
Rev. Jonathan G. Paala
Special Associate
Rev. Kieran McCormick
Deacons
Deacon Mar Tano
Director of Religious Education
Sister Maria Ruth Linaac, RVM
Secretaries
Maria Teresa Alvarez
Maryvee Estacio
Sheila O’Neill

Bulletin Deadline: All announcements must be approved by Father Jonathan and must be submitted two weeks prior to the desired bulletin of your choice. Thank you.

First Sunday of Lent
March 10, 2019
The word is near you, in your mouth and in your heart.
— Romans 10:8

Lord Jesus Christ, be our refuge and fortress in times of trouble and temptation. Strengthen our hearts with the power of Your Divine Spirit as we tread through life, until You lead us all back to Your Kingdom. In Your powerful Name. Amen.

~ Month of March ~
Dedicated to St. Joseph

Schedule of Sacraments
Eucharistic Celebrations
Monday through Saturday - 8:30 a.m.
Saturday 5:00 p.m. - Anticipated Mass
Sunday - 7:30 a.m., 9:00 a.m., 10:30 a.m., and 5:00 p.m.

Sacrament of Baptism (Infants)
Baptismal Preparation Class - call the Parish Office
Sacrament of Baptism - Saturdays only at 11:00 a.m.

Sacrament of Reconciliation (Confession)
Saturday - 4:00 p.m. to 4:30 p.m. or by appointment

Sacrament of Marriage
Please call the Parish Office at least 8 - 12 months before the desired wedding date.

Sacrament of Anointing of the Sick
Please call the parish office at (650) 345-6660
ALMSGIVING, PRAYER, FASTING, AND TEMPTATION

As we begin our season of fasting, prayer, and almsgiving, the reading from Deuteronomy reminds us of our duty of almsgiving, that we “set [our offerings] before the Lord, [our] God, and shall bow down in [God’s] presence” (Deuteronomy 26:10). The reading from Romans refers us to our prayer, reminding us that “The word is near you, in your mouth and in your heart. For everyone who calls on the name of the Lord will be saved” (Romans 10:8, 13). These are comforting words, and encourage us to ask God for what we need and to aid us in our prayer. Finally, the Gospel of Luke shows us a fasting Jesus, who was tempted as we are, and who knows what it means to be human. Someone once said that temptation arises when you’re tired and weary, and the devil comes along and makes a perfectly reasonable suggestion. Jesus shows us that, with his help, we too can overcome our temptations, reasonable as they may sound.

TODAY’S READINGS

First Reading — God brought us into this land flowing with milk and honey (Deuteronomy 26:4-10).
Psalm — Be with me, Lord, when I am in trouble (Psalm 91).
Second Reading — The word is near you, in your mouth and in your heart (Romans 10:8-13).
Gospel — Filled with the Holy Spirit, Jesus was led into the desert for forty days (Luke 4:1-13).


READEINGS FOR THE WEEK

Monday: Lv 19:1-2, 11-18; Ps 19:8-10, 15; Mt 25:31-46
Tuesday: Is 55:10-11; Ps 34:4-7, 16-19; Mt 6:7-15
Wednesday: Jon 3:1-10; Ps 51:3-4, 12-13, 18-19; Lk 11:29-32
Thursday: Est C:12, 14-16, 23-25; Ps 138:1-3, 7-e; Mt 7:7-12
Friday: 1 Pt 5:1-4; Ps 23:1-3a, 4-6; Mt 16:13-19
Saturday: Dt 26:16-19; Ps 119:1-2, 4-5, 7-8; Mt 5:43-48
Sunday: Gn 15:5-12, 17-18; Ps 27:1, 7-9, 13-14; Phil 3:17 — 4:1 [3:20 — 4:1]; Lk 9:28b-36

SAINTS AND SPECIAL OBSERVANCES

Sunday: First Sunday of Lent; Rite of Election; Rite of Calling the Candidates to Continuing Conversion; Rite of Sending; Daylight Saving Time begins; Girl Scouting Sunday
Monday: Julian Calendar Lent begins
Friday: ABSTINENCE — requires a Catholic 14 years of age & older to abstain from eating meat on Fridays in honor of the Passion of Jesus on Good Friday. Meat is considered to be the flesh and organs of mammals and fowl.

“Beloved, I urge you as sojourners and exiles to abstain from the passions of the flesh, which wage war against your soul.” — 1 Peter 2:11

Mass Intentions for March 11 - March 17, 2019

<table>
<thead>
<tr>
<th>Date</th>
<th>Time</th>
<th>Intention</th>
<th>Pray for your priests</th>
</tr>
</thead>
<tbody>
<tr>
<td>MON 11</td>
<td>8:30 a.m.</td>
<td>† Angelo Chua</td>
<td>Fr. Kieran McCormick</td>
</tr>
<tr>
<td>TUE 12</td>
<td>8:30 a.m.</td>
<td>† Josephine Pellegrino</td>
<td>Fr. Anthony Chung</td>
</tr>
<tr>
<td>WED 13</td>
<td>8:30 a.m.</td>
<td>Madeleine Kavanagh</td>
<td>Fr. Al Furtado</td>
</tr>
<tr>
<td>THU 14</td>
<td>8:30 a.m.</td>
<td>† Michael Kavanagh</td>
<td>Fr. Francis Njua</td>
</tr>
<tr>
<td>FRI 15</td>
<td>8:30 a.m.</td>
<td>† Lucy Huang</td>
<td>Fr. Joseph Cardoza</td>
</tr>
<tr>
<td>SAT 16</td>
<td>8:30 a.m.</td>
<td>† Isaac de Leon</td>
<td>Fr. Joseph Kenga Mumba</td>
</tr>
<tr>
<td>SUN 17</td>
<td>7:30 a.m.</td>
<td>Missa Pro Populo</td>
<td>Fr. Jonathan Paala</td>
</tr>
<tr>
<td></td>
<td>9:00 a.m.</td>
<td>† Mariquita Denoga</td>
<td>Pastor, St. Luke Catholic Church, Foster City</td>
</tr>
<tr>
<td></td>
<td>10:30 a.m.</td>
<td>† Michael J. Bortak</td>
<td></td>
</tr>
<tr>
<td></td>
<td>5:00 p.m.</td>
<td>† Alejandro &amp; Elisa Bravo</td>
<td></td>
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</table>

Adore our Lord in the Blessed Sacrament every Thursday and on the First Friday of the month after the 8:30a.m. Holy Mass Benediction is at 7:00p.m.

When you look at the crucifix, you understand how much Jesus loved you then. When you look at the Sacred Host, you understand how much Jesus loves you now. (St. Mother Teresa) If we only knew how much Jesus loves us in the Blessed Sacrament we would never want to leave His Eucharistic presence. For nowhere on earth are we more welcomed than in the presence of Jesus in the Blessed Sacrament. Nowhere can we find comfort and healing than in His Heart overflowing with love for us.

We need people who will commit as “Guardian of the Blessed Sacrament.” Sign-up sheets are located in the Chapel foyer.
March 10, 2019

*Please pray for God’s healing upon our sick parishioners:*

Ruben Calderon, Jr  Derrick Lee  Kathy Sampson
Corazon de Jesus  Teresita Leyson  Pricilla Sampson
Brianna Gallegos  Angela Mihelcic  Charles Toves
Julia Ho  Bozidar Mihelcic  John Toves
Dennis B. Huang  Jon Miller  Nacrina Toves
Joseph Kavanagh Jr  Sheila O’Neill  Jim Tremont
JoAnn Kozloski  Angela F. Reyes  Rita Walsh
Josephine Kozloski  Patricia Joy Reyes

“...for by His wounds you were healed.” (1 Peter 2:24)

*If you have sick relatives whom you want us to include in our prayers, please call or email our Parish Office. Their names will be on our list for 6 weeks. If you want us to continue praying for them, please notify the office. Thank you.*

**Our Offering**

<table>
<thead>
<tr>
<th>Sunday, March 3</th>
<th>$ 3,879.00</th>
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<tr>
<td>Church Maintenance Fund</td>
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*Your generous contribution helps us fulfill Christ’s mission. Thank you! God bless you!*

**TREASURES FROM OUR TRADITION**

Often, when a family keeps vigil around a person who is preparing for death, they may notice three interwoven activities. First, the dying person may become more prayerful and reflective than ever before, reviewing life’s journey in gratitude to God, or seeking forgiveness and making amends for wrongs. Second, as death approaches, the need to eat and drink is lessened until even an ice cube brushed against the lips is satisfying. Third, persons who are dying often make plans to give their possessions away, making bequests, handing treasures down, providing for favorite charities.

Prayer, fasting, and almsgiving: with these three “pillars” of Lent, we rehearse our death every year in this season, and anticipate the final work we will do in this life. And every year, at the end of our journey, is the joy of Easter and the experience of the victory of Christ over death’s darkness and power. Annually, we remind ourselves that the Christian experiences the same power and presence at the end of life’s journey: Christ to the rescue and the lasting joy of heaven.

—James Field, Copyright © J. S. Paluch Co.

**Women’s Bible Study Group**

The Women’s Bible Study and Discussion Group meets in Room 4 of the St. Luke Parish Center on Thursdays, 9:30a.m. to 11:30a.m., to discuss various books of the Bible, the scripture readings, and to provide prayer support for its members and the community. **Patti Villano:** 650-341-6913

**Donate to St. Luke Via Credit Card**

Are you looking for opportunities to show your gratitude to God and share the blessings He has given you? St. Luke is accepting donations via credit card. If you wish to contribute using your credit card, please visit the Parish Office and fill out a donation form. Thank you. God reward you for being a good steward of His bountiful gifts!

**Pray for Pope Francis’s Intention**

Evangelization – Christian Communities

That Christian communities, especially those who are persecuted, feel that they are close to Christ and have their rights respected.

“...for by His wounds you were healed.” (1 Peter 2:24)

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March 2019

Religious Education Class Days
Grades One - Eight
March 6, 13 and 20
5:30PM to 6:30PM, Grades 1 - 4
6:45PM to 7:45PM, Grades 5 - 8

Confirmation Two Class
First Three Sundays
3:30PM - 6:00PM including the Youth Mass
March 3, 10 and 17

Liturgy of the Word With Children
The Children’s Liturgy of the Word is
offered at our 9:00AM Mass on Sundays.
This is an opportunity for children to listen and
interact with the Sunday morning Scripture Reading
in their own level. There is no fee or registration and
it is open to all children at Mass who are preschool-
ers (4 years old) through children in 2nd grade.

Bunches of THANK YOU blossoms to all
those who helped in putting together a fun-filled and
successful St. Luke Crab Feed Fundraiser. It could
not have sailed on without your tireless efforts and
sacrifices. The Lord knows who you
all are—God reward you with His
manifold blessings. Again, thank you
for your dedicated service. Heartfelt
thanks too to all who supported our
fundraising event. Looking forward
to seeing all of you next year for our
16th Annual Crab Feed!

Legion of Mary ACIES Ceremony
Saturday, March 23, 2019, 10:30am—2:00pm
Ceremony, Mass and Lunch
St. Luke Church, Foster City
All members are invited. Please sign up ASAP.

ATTENTION:
The Knights meet every 1st Monday of the
month at 7:30PM in the St. Luke community
center. All Knights are invited to attend.
Please contact Tom Consunji at: Tel. No.: 650.892.3312 or email: tconsunji@gmail.com

Journey with Christ
in His Passion
Join us every Friday evening during Lent
to pray and meditate on the Stations of
the Cross which begin at 7:00p.m.
in the main church.

“Greater love has no one than this, that someone
lay down his life for his friends.” (John 15:13)

A Fruit A Day: 40 Days Before Easter
God has given us forty days to prepare ourselves
for the Feast of our Lord’s Resurrection. By His
loving graces and with the guidance of our Blessed
Mother Mary whose Heart became one with the
Suffering Heart of Her Beloved Son Jesus, we ask
God to uproot the weeds which keep us from follow-
ning Him. We prayerfully commit ourselves to
abstaining from something tangible—(e.g., sweets/
favorite food, alcohol, watching TV, Facebook time,
social media, shopping, gambling etc.) or from a ha-
bitual sin (no time for God and service, anger, pride,
greed, selfishness, laziness, telling lies, foul lan-
guage, gossiping, slander, judgments, materialism,
etc.). And we then begin to cultivate our Easter spir-
itual garden by bearing a fruit of “good deed,” “kind
word” or “virtue” a day—offered for the love of
Jesus our Lord Whose suffering and passion we
solemnly recollect this season of grace. Cultivation
tools include receiving our Lord’s graces through the
Sacrament of Reconciliation, more frequent
Communions, Eucharistic adoration, Scripture medi-
tations and prayers, and spiritual retreats. Come
Easter time, we will have a basketful of loving gifts
to offer to Jesus our Risen Savior.
• What fruits will I lovingly offer to Jesus?
• What weeds do I need to surrender to Jesus and ask
  Him to uproot from my life?
• What cultivation tools am I willing to utilize to help
  me draw closer to Jesus and show Him my love?

RCIA
THINKING ABOUT JOINING THE CATHOLIC CHURCH?
ARE YOU AN ADULT WHO HAS NEVER RECEIVED COMMUNION OR CONFIRMATION?
OR, JUST HAVE QUESTIONS ABOUT THE CATHOLIC FAITH?
St. Luke is offering the Rite of Christian Initiation for Adults (RCIA), a process of preparation for those who are not
baptized and wish to become Catholic; for those who have been baptized in another Christian Church and wish to
become Catholic; and for those baptized in the Catholic Church who wish to complete their initiation by receiving
the Sacraments of First Eucharist and/or Confirmation. If you are interested, please contact the Parish Office.
Jesus prophesies that “there shall be one fold and one shepherd.” (John 10:16)
PRAYER TO ST. JOSEPH

Remember, most pure spouse of the Blessed Virgin Mother of God, our loving protector, Saint Joseph, that no one ever had recourse to your protection or asked for your aid without obtaining relief. Confiding, therefore, in your goodness, we come before you and with humble hearts implore you. Be our father, protector, and guide in the way of salvation. After your example, let all our actions be directed to the greatest glory of God, in union with the Divine Heart of Jesus, the Immaculate Heart of our Blessed Mother, and your own paternal heart. Amen.

PARISH EVENTS
March 12 – March 17, 2019

Tuesday (Mar. 12)
3:00 p.m. St. Vincent de Paul Conference

Wednesday (Mar. 13)
Religious Ed (Refer to page 4)

Thursday (Mar. 14)
9:00 a.m. All-Day Eucharistic Adoration/Chapel
9:00 a.m. Legion of Mary
9:30 a.m. Women’s Bible Study/Rm.#4
7:00 p.m. Benediction/Chapel

Friday (Mar. 15)
7:00 p.m. Stations of the Cross/Main Church
7:00 p.m. Children’s Choir Rehearsal

Sunday (Mar. 17)
3:30 p.m. Confirmation 2 Class (Refer to page 4)

Contact People

Altar Linens: Mary True (650) 571-8783
Altar Servers: Tony Belo (650) 345-6660
Anointing of the Sick: If you know of parishioners who are sick or hospitalized or are unable to attend Mass due to illness or age, please call the office.

Archdiocesan Pastoral Assistance Coordinator:
For persons who have suffered sexual abuse from members of the Catholic clergy. Call (415) 614-5506.

Baptism: Saturdays only, at 11:00AM. Contact the office for preparation class information – prior registration required.

Christian Burial: Kindly call the parish office before meeting with the funeral director.

Cursillo: Kevin & Jo Moran (650) 477-0493
Filipino Cursillo: Deacon Mar Tano (650) 867-5542
Finance Council: John Bernat (650) 678-5840

Grief Support Ministry: Ellen Six (650) 341-0683
Knights of Columbus: Call Tom Consunji (650) 892-3312
Legion of Mary: Thurs. 9:00 am Georgie Unson (650) 345-2613

Lectors & Extraordinary Ministers of Holy Eucharist
Peggy Simkins (650) 573-5370

Marriages: Contact the parish office at least 8-12 months before the desired date.

Music Ministry: Contact Elysabeth Allen (650) 578-0123
Pastoral Council: Dan Linkhorn (415) 533-8797
Religious Education: Sister Maria Ruth (650) 574-9191

Sandwiches on Sunday: Peg Culver (650) 349-1408
SVdP Conference: Peggy Simkins (650) 573-5370

Women’s Bible Study: Patti Villano (650) 341-6913
Youth Ministry: Amabel Goell (650) 740-7751

Welcome, in Jesus’ Name!!

If you wish to join the parish, or if you want to update your information, please fill out this form and either return it to the parish office, or drop it in the collection basket.

Register

Name: (First) ____________________________ (Last) ____________________________
Address: _________________________________________
City: ____________________________ Zip: _________________
Telephone No. ______________________

Update Member Information

Name: (First) ____________________ (Last) ____________________
Address: _________________________________________
City: ____________________________ Zip: _________________
Telephone No. ______________________