Welcome!
Our warmest welcome to all who worship with our faith Community here at St. Luke Parish. Whether you are a long time resident or have newly arrived in the parish, we thank God for you. If you are not registered, please stop by, or call the parish office.

Mission Statement
The Mission of St. Luke’s Catholic Faith Community is to provide the environment where the community joins together to fulfill the spiritual and social needs of all by living and sharing the message of Christ.

Parish Office Hours
Monday through Friday
9:00 a.m.—12:00 p.m. / 1:00 p.m.—4:00 p.m.
Saturdays
9:00 a.m.—12:00 p.m.
- Chapel open from 7:00 a.m. to 7:00 p.m. everyday -

Pastoral Staff
Pastor
Rev. Jonathan G. Paala
Special Associate
Rev. Kieran McCormick
Deacons
Deacon Mar Tano
Director of Religious Education
Sister Maria Ruth Linaac, RVM
Secretaries
Maria Teresa Alvarez
Maryvee Estacio
Sheila O’Neill

Bulletin Deadline: All announcements must be approved by Father Jonathan and must be submitted two weeks prior to the desired bulletin of your choice. Thank you.

Eighth Sunday in Ordinary Time
March 3, 2019
Every tree is known by its own fruit. For people do not pick figs from thornbushes, nor do they gather grapes from brambles.
— Luke 6:44

Lord God, Your love has no end. We offer You thanks as we break bread together and rejoice in Your perfect sacrifice of love for us in the Eucharist. Let Your Divine Spirit and sacraments ignite our hearts to love as You have loved us. Amen.

~ Month of March ~
Dedicated to St. Joseph

Schedule of Sacraments

Eucharistic Celebrations
Monday through Saturday - 8:30 a.m.
Saturday 5:00 p.m. - Anticipated Mass
Sunday - 7:30 a.m., 9:00 a.m., 10:30 a.m., and 5:00 p.m.

Sacrament of Baptism (Infants)
Baptismal Preparation Class - call the Parish Office
Sacrament of Baptism - Saturdays only at 11:00 a.m.

Sacrament of Reconciliation (Confession)
Saturday - 4:00 p.m. to 4:30 p.m. or by appointment

Sacrament of Marriage
Please call the Parish Office at least 8 - 12 months before the desired wedding date.

Sacrament of Anointing of the Sick
Please call the parish office at (650) 345-6660
March 3, 2019

**IN THIS WEEK SHOWS**

In this third Sunday of our reading from the Sermon on the Plain, Jesus speaks of the inner soul and its outer expression. He uses images as he teaches. He addresses all of us.

Jesus sees a plumb line connecting the soul with the soul’s expression—words and actions. He uses exaggeration to drive home his point. We are urged to clear out the debris that blinds us. He knows that we have an uncanny ability to be blind to our own weaknesses, though they be as big as a board. He knows, too, how willingly we seem to ferret out others' smallest speck-like flaws.

And this, too, is for our general consumption; solid old goodness and solid old badness will show eventually. The old Latin saying, which echoes Jesus’ images, is true: “What is bred in the bone will out in the flesh.” By and by, the inside will show through.

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**TODAY’S READINGS**

**First Reading** — One’s speech shows the bent of one’s mind. Praise no one before he or she speaks (Sirach 27:4-7).

**Psalm** — Lord, it is good to give thanks to you (Psalm 92).

**Second Reading** — We are given victory over death through Jesus. In the Lord our labor is not in vain (1 Corinthians 15:54-59).

**Gospel** — A good person produces good, an evil person produces evil. The mouth speaks from the goodness of the heart (Luke 6:39-45).

**THE INSIDE SHOWS**

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**READINGS FOR THE WEEK**

Monday: Sir 17:20-24; Ps 32:1-2, 5-7; Mk 10:17-27
Tuesday: Sir 35:1-12; Ps 50:5-8, 14, 23; Mk 10:28-31
Wednesday: Jl 2:12-18; Ps 51:3-6ab, 12-14, 17; 2 Cor 5:20 — 6:2; Mt 6:1-6, 16-18
Thursday: Dt 30:15-20; Ps 1:1-4, 6; Lk 9:22-25
Friday: Is 58:1-9a; Ps 51:3-6ab, 18-19; Mt 9:14-15
Saturday: Is 58:9b-14; Ps 86:1-6; Lk 5:27-32
Sunday: Dt 26:4-10; Ps 91:1-2, 10-15; Rom 10:8-13; Lk 4:1-13

**SAINTS AND SPECIAL OBSERVANCES**

Sunday: Eighth Sunday in Ordinary Time
Monday: St. Casimir
Wednesday: Ash Wednesday;
Fast and Abstinence; Almsgiving
Holy Masses: 8:30am; 12:10pm; 5:30pm; 7:00pm

As we come together on Ash Wednesday to celebrate this holy and ancient ritual of penance, let us also remember that God is gracious and merciful to those with repentant hearts.

Thursday: Ss. Perpetua and Felicity
Friday: St. John of God; Abstinence
Saturday: St. Frances of Rome
Blessed Virgin Mary; First Saturday

**Holy Mass Celebrants**

**Saturday, March 9, 2019**
5:00 pm Fr. Jonathan
**Sunday, March 10, 2019**
7:30 am Fr. Jonathan
9:00 am Fr. Kieran
10:30 am Fr. Kieran
5:00 pm Fr. Jonathan

**Mass Intentions for March 4 - March 10, 2019**

<table>
<thead>
<tr>
<th>Date</th>
<th>Time</th>
<th>Intention</th>
<th>Pray for your priests</th>
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<tbody>
<tr>
<td>MON 4</td>
<td>8:30 a.m.</td>
<td>Cora Nicolas-BD</td>
<td>Fr. Kieran McCormick</td>
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<tr>
<td>TUE 5</td>
<td>8:30 a.m.†</td>
<td>Alvin Kison</td>
<td>Fr. Anthony Chung</td>
</tr>
<tr>
<td>WED 6</td>
<td>8:30 a.m.†</td>
<td>Marcia Mendoza</td>
<td>Fr. Al Furtado</td>
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<td></td>
<td>12:10 p.m.</td>
<td>Anne Marie Jamili</td>
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<td></td>
<td>5:30 p.m.</td>
<td>For the intention of Donor</td>
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<tr>
<td></td>
<td>7:00 p.m.</td>
<td>For the intention of Donor</td>
<td></td>
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<tr>
<td>THU 7</td>
<td>8:30 a.m.</td>
<td>Beatrice de Leon-BD</td>
<td>Fr. Francis Njua</td>
</tr>
<tr>
<td>FRI 8</td>
<td>8:30 a.m.†</td>
<td>Antonio F. Reyes</td>
<td>Fr. Joseph Cardoza</td>
</tr>
<tr>
<td>SAT 9</td>
<td>8:30 a.m.†</td>
<td>Ekho Lim</td>
<td>Fr. Joseph Kengah Mumba</td>
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<td></td>
<td>5:00 p.m.†</td>
<td>Daniel T. Perez</td>
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<tr>
<td>SUN 10</td>
<td>7:30 a.m.</td>
<td>Missa Pro Populo</td>
<td>Fr. Jonathan Paala Pastor, St. Luke Catholic Church Foster City</td>
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<td></td>
<td>9:00 a.m.†</td>
<td>Ester C. Bandong</td>
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<td></td>
<td>10:30 a.m.†</td>
<td>Juan Bautista</td>
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<td></td>
<td>5:00 p.m.</td>
<td>Dr. Joseph Kavanagh-BD</td>
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**Legend:** † - Deceased, SI-Special Intention, BD-Birthday
Massa Pro Populo-General Intentions/Mass for the People

**Adore our Lord in the Blessed Sacrament**

every Thursday and on the First Friday of the month after the 8:30a.m. Holy Mass Benediction is at 7:00p.m.

When you look at the crucifix, you understand how much Jesus loved you then. When you look at the Sacred Host, you understand how much Jesus loves you now. (St. Mother Teresa) If we only knew how much Jesus loves us in the Blessed Sacrament we would never want to leave His Eucharistic presence. For nowhere on earth are we more welcomed than in the presence of Jesus in the Blessed Sacrament. Nowhere can we find comfort and healing than in His Heart overflowing with love for us. We need people who will commit as “Guardian of the Blessed Sacrament.” Sign-up sheets are located in the Chapel foyer.
March 3, 2019

Please pray for our recently deceased, especially:
† Jose Aquino, Sr.

Please pray for God’s healing upon our sick parishioners:

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<thead>
<tr>
<th>Name</th>
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<th>Name</th>
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</thead>
<tbody>
<tr>
<td>Juris Arcilla</td>
<td>Andres Mendez</td>
<td>Jon Miller</td>
<td>Patti Villano: 650-341-6913</td>
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<tr>
<td>Ruben Calderon, Jr.</td>
<td>Leah Mercado</td>
<td>Sheila O’Neill</td>
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<tr>
<td>Corazon de Jesus</td>
<td>Craig Midghall</td>
<td>Diana Pineda</td>
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<tr>
<td>Brianna Gallegos</td>
<td>Angela Mihelcic</td>
<td>Josephine Rea</td>
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<tr>
<td>Julia Ho</td>
<td>Bozidar Mihelcic</td>
<td>Ronald Rea</td>
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<tr>
<td>Dennis B. Huang</td>
<td>Jon Miller</td>
<td>Josephine Rea</td>
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<tr>
<td>JoAnn Kozloski</td>
<td>Craig Midghall</td>
<td>Ronald Rea</td>
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<tr>
<td>Josephine Kozloski</td>
<td>Jon Miller</td>
<td>Josephine Rea</td>
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<tr>
<td>Derrick Lee</td>
<td>Craig Midghall</td>
<td>Josephine Rea</td>
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<tr>
<td>Teresita Leyson</td>
<td>Jon Miller</td>
<td>Josephine Rea</td>
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<tr>
<td>Joseph Kavanagh Jr</td>
<td>Craig Midghall</td>
<td>Josephine Rea</td>
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<tr>
<td>Evangeline B. Lopez</td>
<td>Craig Midghall</td>
<td>Josephine Rea</td>
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“...for by His wounds you were healed.” (1 Peter 2:24)

If you have sick relatives whom you want us to include in our prayers, please call or email our Parish Office. Their names will be on our list for 4 weeks. If you want us to continue praying for them, please notify the office.

Women’s Bible Study Group

The Women’s Bible Study and Discussion Group meets in Room 4 of the St. Luke Parish Center on Thursdays, 9:30a.m. to 11:30a.m., to discuss various books of the Bible, the scripture readings, and to provide prayer support for its members and the community. Patti Villano: 650-341-6913

Donate to St. Luke Via Credit Card

Are you looking for opportunities to show your gratitude to God and share the blessings He has given you? St. Luke is accepting donations via credit card. If you wish to contribute using your credit card, please visit the Parish Office and fill out a donation form. Thank you. God reward you for being a good steward of His bountiful gifts!

Pray for Pope Francis’s Intention

Evangelization – Christian Communities

That Christian communities, especially those who are persecuted, feel that they are close to Christ and have their rights respected.

TREASURES FROM OUR TRADITION

Many Catholics who are not active in the Church will still seek out ashes this Wednesday. Likewise, many Jews who are not otherwise observant will follow the Day of Atonement, Yom Kippur, with great exactness, fasting and refraining from work and entertainment. People customarily dress in white as a symbol of purity and a reminder of God’s promise that our sins will be made white as snow. While the overture to Ash Wednesday for Christians may be a festive Mardi Gras celebration, for Jews it is the New Year feast of Rosh Hashanah. Ten days before the Day of Atonement to God, people are expected to repair breaks in human life. These are days for offering forgiveness and seeking to repair harmed relationships with family, friends, or coworkers. Everyone is expected to seek out someone and “clear the air” by asking for understanding for any mean words or thoughtless deeds in the past year.

Perhaps the ashes you receive will be invested with deeper meaning if you follow a similar plan. This year, Rosh Hashanah will be September 29, and Yom Kippur October 8. A conversation with some Jewish friends or neighbors about their experience of a season of repentance may be a blessing on your Lent.

—James Field, Copyright © J. S. Paluch Co.
March 3, 2019

OFFICE OF RELIGIOUS EDUCATION
Sister Maria Ruth Linaac, RVM
Director of Religious Education
TELEPHONE NO. (650) 574-9191

ATTENTION:
The Knights meet every 1st Monday of the month at 7:30PM in the St. Luke community center. All Knights are invited to attend. Please contact Tom Consunji at: Tel. No.: 650.892.3312 or email: tconsunji@gmail.com

March 2019

Religious Education Class Days
Grades One - Eight
March 6, 13 and 20
5:30PM to 6:30PM, Grades 1 - 4
6:45PM to 7:45PM, Grades 5 - 8

Confirmation Two Class
First Three Sundays
3:30PM - 6:00PM including the Youth Mass
March 3, 10 and 17

Day of Fasting and Abstinence
March 6, 2019

To commemorate the beginning of the Lenten Season, we will celebrate Ash Wednesday Mass at 8:30am, 12:10pm, 5:30pm and 7:00pm all in the main church. As part of our Mass liturgies, we will be signed on our foreheads with ashes, reminding us of the new church liturgical season, giving us hope for a new heart and a new life as disciples of Jesus Christ.

LENTEN REGULATIONS:

- **Abstinence:** Everyone fourteen years of age and older is bound to abstain from meat on Ash Wednesday, the Fridays of Lent and Good Friday.
- **Fast:** Every one eighteen years of age and older but under the age of sixty is also bound to fast on Ash Wednesday and Good Friday. The law of fast allows one full meal a day, but does not prohibit taking some food during the day, so long as this does not constitute another full meal.

God bless us all with a grace-filled Lenten journey as His Divine Spirit aids us in deepening our relationship with our Lord through meditating on His passion, His great love for all of us, until His most blessed Easter glory.

THE CRABS are COMING!!!

We are really excited! We have wonderful food, fantastic music, and auction items lined up for our 15th Annual Crab Feed, which is coming up on Saturday, March 9th. Tickets are on sale in the parish center after the Saturday Vigil and Sunday Masses. For $55.00, get an all-you-can-eat CRAB or Chicken entrée with antipasto, salad, garlic bread, pasta, dessert. Beer, sodas, water and wine are available for purchase.

Music for Dining & Dancing...Raffle and no-host bar. Get your tickets early so that you and your guest are able to sit at the same table. Tickets are also available in the parish office Monday-Saturday during office hours.

Don’t wait—purchase your tickets now to feast on crabs and help raise funds for our parish.

ACIES Ceremony of Legion of Mary
Saturday, March 23, 2019, 10:30am—2:00pm
St. Luke Church, Foster City
Ceremony, Mass and Lunch

Celebrating the ACIES each year is one of the most beautiful and profound functions of the Legion. It renews and deepens our Consecration to Mary at least once a year, publicly expressing our Consecration to Mary, “I am all yours, my Queen and my Mother and all I have is yours.” This consecration is at the heart of our vocation in the Legion.

ACIES presupposes an examination of our relationship to Mary and specifically our practice of true devotion to her in the spirit of St. Louis Marie de Monfort.

All members are invited. Please sign up ASAP!!!

RCIA

THINKING ABOUT JOINING THE CATHOLIC CHURCH?
ARE YOU AN ADULT WHO HAS NEVER RECEIVED COMMUNION OR CONFIRMATION?
OR, JUST HAVE QUESTIONS ABOUT THE CATHOLIC FAITH?

St. Luke is offering the Rite of Christian Initiation for Adults (RCIA), a process of preparation for those who are not baptized and wish to become Catholic; for those who have been baptized in another Christian Church and wish to become Catholic; and for those baptized in the Catholic Church who wish to complete their initiation by receiving the Sacraments of First Eucharist and/or Confirmation. If you are interested, please contact the Parish Office.

Jesus prophesies that “there shall be one fold and one shepherd.” (John 10:16)
PRAYER TO ST. JOSEPH
Remember, most pure spouse of the Blessed Virgin Mother of God, our loving protector, Saint Joseph, that no one ever had recourse to your protection or asked for your aid without obtaining relief. Confiding, therefore, in your goodness, we come before you and with humble hearts implore you. Be our father, protector, and guide in the way of salvation. After your example, let all our actions be directed to the greatest glory of God, in union with the Divine Heart of Jesus, the Immaculate Heart of our Blessed Mother, and your own paternal heart. Amen.

PARISH EVENTS
March 4 – March 10, 2019

Monday (Mar. 4)
7:30 p.m. Knights of Columbus

ASH WEDNESDAY (Mar. 6)
Masses in Main Church
8:30 a.m., 12:10 p.m.
5:30 p.m. and 7:00 p.m.
Religious Ed (Refer to page 4)

Thursday (Mar. 7)
9:00 a.m. All-Day Eucharistic Adoration/Chapel
9:00 a.m. Legion of Mary
9:30 a.m. Women’s Bible Study/Rm.#4
7:00 p.m. Benediction/Chapel

Friday (Mar. 8)
7:00 p.m. Stations of the Cross/Main Church
7:00 p.m. Children’s Choir Rehearsal

Sunday (Mar. 10)
3:30 p.m. Confirmation 2 Class (Refer to page 4)

Contact People
Altar Linens: Mary True (650) 571-8783
Altar Servers: Tony Belo (650) 345-6660
Anointing of the Sick: If you know of parishioners who are sick or hospitalized or are unable to attend Mass due to illness or age, please call the office.
Archdiocesan Pastoral Assistance Coordinator:
For persons who have suffered sexual abuse from members of the Catholic clergy. Call (415) 614-5506.
Baptism: Saturdays only, at 11:00AM. Contact the office for preparation class information – prior registration required.
Christian Burial: Kindly call the parish office before meeting with the funeral director.
Cursillo: Kevin & Jo Moran (650) 477-0493
Filipino Cursillo: Deacon Mar Tano (650) 867-5542
Finance Council: John Bernat (650) 678-5840
Grief Support Ministry: Ellen Six (650) 341-0683
Knights of Columbus: Call Tom Consunji (650) 892-3312
Legion of Mary: Thurs. 9:00 am Georgie Unson (650) 345-2613
Lectors & Extraordinary Ministers of Holy Eucharist
   Peggy Simkins (650) 573-5370
Marriages: Contact the parish office at least 8-12 months before the desired date.
Music Ministry: Contact Elysabeth Allen (650) 578-0123
Pastoral Council: Dan Linkhorn (415) 533-8797
Religious Education: Sister Maria Ruth (650) 574-9191
Sandwiches on Sunday: Peg Culver (650) 349-1408
SvD Conference: Peggy Simkins (650) 573-5370
Women’s Bible Study: Patti Villano (650) 341-6913
Youth Ministry: Amabel Goell (650) 740-7751

Welcome, in Jesus’ Name!!
If you wish to join the parish, or if you want to update your information, please fill out this form and either return it to the parish office, or drop it in the collection basket.

Register
Name: (First) ____________________________ (Last) ____________________________
Address: _________________________________________
City: ______________________ Zip:_______________
Telephone No. ______________________

Update Member Information
Name: (First) __________________ (Last) __________________
Address: _________________________________________
City: ______________________ Zip:_______________
Telephone No. ______________________

“Lent is a period of spiritual ‘combat’ which we must experience alongside Jesus, not with pride and presumption, but using the arms of faith: prayer, listening to the word of God and penance. In this way we will be able to celebrate Easter in truth, ready to renew the promises of our Baptism.”
—Pope Benedict XVI

Press forward and fear nothing.
St. Katharine Drexel
She gave up an inheritance of $7 million to enter religious life and then created a system of Catholic schools for African-Americans
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