Welcome!

Our warmest welcome to all who worship with our faith Community here at St. Luke Parish. Whether you are a long time resident or have newly arrived in the parish, we thank God for you. If you are not registered, please email us.

CHAPEL will be OPEN for PERSONAL PRAYER

Monday through Sunday, 9:00 a.m. to 6:00 p.m.

SACRAMENTS

Eucharistic Celebrations
Tune in to EWTN TV or watch livestream Mass at https://sfarch.org/livestreams
Baptism (Infants)
NO Sacrament of Baptism, unless urgent
Reconciliation (Confession)
Saturday, 4:00pm at the Church
Please sign up at saintlukefc@gmail.com
Marriage
Please call the Parish Office at least 8 - 12 months before the desired wedding date.
Anointing of the Sick
For Last Rites please email us.

PASTORAL STAFF

Pastor
Rev. Jonathan G. Paala
Deacon
Deacon Mar Tano
Director of Religious Education
Sr. Maria Ruth Linaac, RVM
Secretaries
Maria Teresa Alvarez
Maryvee Estacio
Easter Blessings!

Although the streets might have grown silent and been emptied, the Easter song still reverberates in our hearts, in our homes, in our Church.

“We are an Easter people and Alleluia is our song,” says St. Augustine. Alleluia! Jesus Christ has conquered the grave, and no virus and no circumstance can change that.

Let us thank God and rejoice in the blessings which remain — the sunshine and clear blue skies, blooming flowers, the life of a newborn, the support of families and friends, and the hope we have in our Savior who has triumphed over death and brought us eternal life.

Prayers united with yours this Resurrection feast, dear friends.

Our Risen Lord continue to grant you protection and favors, until He gathers us together again as one St. Luke parish community!

In Christ,
Rev. Jonathan Paala
Pastor, St. Luke Catholic Church
April 12, 2020

SEEDS OF FAITH

There is a brevity, a certain terseness, in the scripture readings for Easter Sunday. Peter’s speech in Acts is built of direct, pointed sentences. Paul’s letters are based on straightforward creed-like statements. Even the Gospel story only briefly recounts what will turn out to be one of the most remarkable events in human history—the resurrection of Jesus from the dead. Advertising agents call these encapsulated points of information “bullet points.” Scripture scholars call them kerygma, or “kernels” of our faith. Actually, “kernels” or “seeds” are good terms for these statements, since throughout the Easter season, we will hear in the Acts of the Apostles, the Letters of Paul, and the Gospel accounts of the days following the Resurrection exactly how these kerygma began to flower, how they continued to grow through the life of the early church. May these Easter “seeds” of faith serve a similar purpose for us, too, so that the life of the Risen Christ will flourish in us and through our witness in the coming days.

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TODAY’S READINGS
First Reading — Peter is an eyewitness: The Lord is risen (Acts 10:34a, 37-43).
Psalm — This is the day the Lord has made; let us rejoice and be glad (Psalm 118).
(1) Second Reading — All who are baptized, set your hearts in heaven (Colossians 3:1-4) or
(2) Second Reading — Christ our Passover is sacrificed; therefore let us celebrate (1 Corinthians 5:6b-8).
Gospel — Three witnesses, Mary, Peter, and John; each responds to the empty tomb (John 20:1-9) or

No daily and Sunday Mass
in Church until further notice.
Mass intentions will still be offered during the private Mass celebrated by our Pastor, Fr. Jonathan Paala.
Tune in to EWTN TV or watch livestream Mass at https://sfarch.org/livestreams

Holy Mass Intentions for April 13 — 19, 2020

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<thead>
<tr>
<th>Date</th>
<th>Intention</th>
<th>Pray for your priests</th>
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<tbody>
<tr>
<td>MON 13</td>
<td>For those afflicted by the Coronavirus</td>
<td>Fr. Kieran McCormick</td>
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<tr>
<td>TUE 14</td>
<td>Elaine Santiago BD</td>
<td>Fr. Anthony Chung</td>
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<td>WED 15</td>
<td>Marites Tse BD</td>
<td>Fr. Al Furtado</td>
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<td>THU 16</td>
<td>Malou Gonzalo BD</td>
<td>Fr. Francis Njua</td>
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<tr>
<td>FRI 17</td>
<td>† Maria Antonia Calanoc</td>
<td>Fr. Joseph Cardoza</td>
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<td>SAT 18</td>
<td>† Aida Ramos</td>
<td>Fr. Joseph Kengah Mumba</td>
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<tr>
<td>SUN 19</td>
<td>† Michael Patrick Winters</td>
<td>Fr. Jonathan Paala Pastor St. Luke Catholic Church Foster City</td>
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Legend: † - Deceased, SI-Special Intention, BD-Birthday
Missa Pro Populo-General Intentions/Mass for the People

Adore our Lord in the Blessed Sacrament
It is there in the Eucharist that Jesus says to us, “I thirst, I thirst for your love, your sacrifices, your sufferings. I thirst for your happiness, for it was to save you that I came into the world, that I suffered and died on the Cross, and in order to console and strengthen you I left the Eucharist. So you have there all My life, all My tenderness.”

“For the bread of God is the bread that comes down from heaven and gives life to the world.” —John 6:33

Although the Exposition of the Blessed Sacrament has been suspended until further notice, the Chapel will remain open, Monday through Sunday, from 9:00 a.m. to 6:00 p.m. to allow moments of personal encounter with our Lord in the Blessed Sacrament.

For Online Perpetual Eucharistic Adoration, visit: virtualadoration.home.blog

SPECIAL OBSERVANCES
Sunday: Easter Sunday: Resurrection of the Lord; Julian Calendar Palm Sunday
Monday: Monday within the Octave of Easter
Tuesday: Tuesday within the Octave of Easter
Wednesday: Wednesday within the Octave of Easter; Income Tax Day
Thursday: Thursday within the Octave of Easter
Friday: Friday within the Octave of Easter; Julian Calendar Good Friday
Saturday: Saturday within the Octave of Easter

PRAY FOR POPE FRANCIS’ INTENTION

Freedom from Addiction
We pray that those suffering from addiction may be helped and accompanied.
We ask this through Christ our Lord. Amen.

April 12, 2020

You expired, Jesus, but the source of life gushed forth for souls, and the ocean of mercy opened up for the whole world. O Fount of Life, unfathomable Divine Mercy, envelop the whole world and empty Yourself out upon us.

O Blood and Water, which gushed forth from the Heart of Jesus as a fount of mercy for us, I trust in You! (3x)

Eternal rest grant unto the souls of Your beloved, O Lord.
†Pauline Glenn, †Mary Grace Reyes †Gertrudes Ubaldo and all victims of the coronavirus pandemic

We pray for God’s healing mercies upon the sick:

Feliz Acosta  Jackie Kuo  Patti Panfile
Baby Aleman  Badette Ledesma  Rosetta Parisian
Juris Arcilla  Celia Leones  Tom Pope
Minerva Barnhart  Dancy Lim  Frances Presutto
Teresa Bautista  Christian Liwag  Angela F. Reyes
Jim Bortak  Arturo Martin  Estrella Reyes
Ruben Calderon, Jr.  Andres Mendez  Kathy Sampson
Michael Carmody  Angela Miheleci  Jennifer Shamway
Elizabeth Fong  Bozidar Miheleci  Manny Torres
Dennis B. Huang  Jon Miller  Priscilla Touchstone
Barbara Keefer  Edgar Navarro  Those suffering from
Tom Keefer  Ed Page  the Coronavirus
JoAnn Kozloski  Angelina Paguio

“...for by His wounds you were healed.” (1 Peter 2:24)
LIVE STREAM MASSES

The Church and the world have a great need for Eucharistic worship. Jesus awaits us in this sacrament of love. Let us not refuse the time to go to meet him in adoration, in contemplation full of faith, and open to making amends for the serious offenses and crimes of the world. Let our adoration never cease.
(Catechism of the Catholic Church, Pope John Paul, *Dominicae Cenae*).

Masses every day at the Cathedral of St. Mary of the Assumption in San Francisco

  https://www.youtube.com/archdioceseofsanfrancisco

  Monday through Friday:
  7:30 am and 12:10 pm

  Saturday 8:00 am and 5:30 pm

  Sunday 7:30, 9:00, and 11:00 am;
  Spanish Mass at 1:00 pm

SAN MATEO COUNTY

St. Gregory Parish, San Mateo

  http://saintgregorychurch.org and
  https://www.facebook.com/saintgregorychurch

  Daily including weekends at 12:00 noon

St. Charles, San Carlos/St. Matthias,
Redwood City

  https://www.facebook.com/StCharlesParishSC

  Monday-Saturday 5:00 pm
  Sunday 9:00 am

Our Lady of Angels Parish, Burlingame


  Monday-Friday 8:00 am
  Saturday 5:00 pm
  Sunday 10:00 am

Our Lady of the Wayside, Portola Valley
and St. Denis, Menlo Park

  https://www.facebook.com/groups/1243580612689197

  Monday-Saturday 11:30 am

St. Augustine Parish, South San Francisco

  https://www.facebook.com/SACC45thYear

  Daily Mass 10:00 am

Eternal Word Television Network (EWTN)

  Comcast 229 Direct TV 370, Dish 261,
  AT&T 562, Astound 80, Sirius
  Live stream: ewtn.com/tv

Bishop Barron’s Word on Fire

  https://www.wordonfire.org/daily-mass

All Souls Parish, South San Francisco

  https://allsoulsparishssf.org/
  Daily 6:00 pm

St. Francis of Assisi Parish, East Palo Alto

  https://www.facebook.com/Parroquia-de-San-Francisco-de-Asis-103290567983242

  Monday-Friday 8:00 am (Bilingual)
  Saturday 6:00 pm (Spanish)
  Sunday 7:30 am (English) and 9:30 am
  (Spanish)

Our Lady of Mercy Parish, Daly City

  https://www.facebook.com/olmdalycity

  Saturday 4:00 pm
  Sunday 9:00 am and 12:00 noon

St. Pius Parish, Redwood City

  https://www.pius.org/stream

  Evening Prayer Daily, 6:00 pm
  Daily Mass 11:00 am (Spanish)
  and 12:00 noon (English)
  Sunday 9:30 (English) & 11:30 am (Spanish)

St. Raymond Parish, Menlo Park

  https://www.facebook.com/fatherjerome.cudden

  Daily 9:00 am (including Sunday)
EASTER: MYSTERY OF EMPTINESS

Christ is risen! He is risen, indeed! This Paschal greeting is customary in Eastern Catholic and Orthodox churches on Easter Sunday. Then there is Saint Augustine’s acclamation of joy: We are an Easter people and Alleluia is our song! However you express it, Easter is the time for rejoicing because Jesus Christ, our friend and brother, is risen from the dead. And yet today’s scriptures are less joyful than one would expect for the most important feast in the Christian calendar. Perhaps we are being asked to look deeper into the mystery of the Resurrection, just as Peter went into the tomb to look deeper into the mystery of its emptiness.

Mary Magdalene, who loved the Lord so much that she risked everything, possibly even her life, to go to the tomb before daybreak, finds the stone rolled away and assumes that someone has taken Jesus’ body. Frightened and sad, she runs to tell Peter and John. They all run back to the tomb, but what do they expect to see? Peter enters the tomb and sees. John enters, sees, and believes. But what does he believe? Scripture states, “For they did not yet understand the scripture that he had to rise from the dead” (John 20:9). They went home, not really knowing what had happened. But John “believed” something.

What do we believe? Somewhere between that Easter morning and Peter’s confident teaching about Jesus in the reading from the Acts of the Apostles, something (the Risen Christ) happened. Peter has evolved from his bewilderment into a witness to the Resurrection.

What are we to find in the empty tomb? Maybe the Colossians reading has an answer. By entering the empty tomb of our lives to seek the Lord, we see, we believe, we die, to be raised with Christ. “For you have died, and your life is hidden with Christ in God” (Colossians 3:3). And we will rise in glory with him.

Today's Readings: Acts 10:34a, 37–43; Ps 118:1–2, 16–17, 22–23; Col 3:1–4 or 1 Cor 5:6b–8; Jn 20:1–9 or Mt 28:1–10

Next Sunday, APRIL 19TH, is DIVINE MERCY SUNDAY

To Saint Faustina Our Lord said:
“I desire that the Feast of Mercy be a refuge and shelter for all souls, and especially for poor sinners. On that day the very depths of My tender mercy are open. I pour out a whole ocean of graces upon those souls who approach the fount of My mercy. The soul that will go to confession & receive Holy Communion shall obtain complete forgiveness of sins and punishment. On that day all the divine floodgates through which graces flow are opened.” (Diary, 699).

How do we remember the message of the Divine Mercy? By the ABC's.
Ask for His mercy. Be merciful. Completely trust in Jesus.

How do we celebrate the Feast of Mercy
It was clarified by the words of Our Lord to St. Faustina:
1. We are to prepare with a novena of chaplets starting on Good Friday
2. We are to be purified by the “Tribunal of mercy,” the Sacrament of Reconciliation.
3. We are to venerate the sacred image of the merciful Savior by gazing upon it as a reminder to trust Jesus and be merciful.
4. We are to perform some works of mercy to others.
5. We are to seal and ratify the covenant of mercy by receiving Holy Communion.

This is the Lord’s day of new purification, new beginnings, like a new baptism. http://www.divinemercysunday.com
THE EASTER OCTAVE

Eastertime lasts fifty days: seven weeks of seven days (seven equals Biblical perfection) plus one day: perfection plus! Like an eight-day Jewish wedding, or a child who can’t bear to let go of Christmas, birthdays, and school vacation, the Church celebrates the Easter Octave: “the marriage of heaven and earth,” as the Vigil calls Jesus’ resurrection; our new members’ baptismal rebirth; our renewal of baptismal vows; our hearts’ “divine vacation” (Latin vacare, “to be empty”), newfound time and space for love of God and neighbor. Make home an Easter garden! Adorn the dining table with a pillar candle (your “paschal candle”), a bowl full of water (ideally, from the parish’s baptismal font), a vase of flowers or bowl of sprouting grain with Easter eggs. Even non-singers can handle the three-fold Gospel Alleluia! Let that be your grace before meals, perhaps with a prayer recalling Emmaus (Luke 24:13-35): “Be known to us, Risen Lord Jesus, as you were to the first disciples, in your word, in the breaking of bread, and in everyone we meet.”

When Christ your life appears, then you too will appear with him in glory. — Colossians 3:4

SPIRITUAL RESOURCES
(Prayers, Rosaries, Stations of the Cross, Live Video Resources, Spiritual Music)

1) Archdiocese of San Francisco Website: sfarch.org/prayers
2) United States Conference of Catholic Bishops Website: usccb.org
   http://usccb.org/about/communications/prayerresources-for-the-coronavirus-crisis.cfm
   The following publishers have generously made their resources available to support prayer during these difficult days. We thank them for their generosity and pastoral concern. To access the publishers’ webpage, go to...
   http://usccb.org/about/communications/prayerresources-for-the-coronavirus-crisis.cfm
   □ Liturgical Press: Give Us This Day
   □ Magnificat
   □ Bayard: Living with Christ
   □ The Word Among Us
   □ GIA Publications
   □ Augustine Institute: Free Subscriptions of FORMED . . . for 40 days
   □ Catechesis of the Good Shepherd. . . (for parents)
   □ RENEW International
   □ Loyola Press
   □ Oregon Catholic Press
   □ Liturgy Training Publications (LTP)
   □ Our Sunday Visitor
   □ Sadlier
   □ My Catholic Faith Delivered

3) Eternal Word Television Network (EWTN): ewtn.com/resources
O God, who on this day, through your Only Begotten Son, have conquered death and unlocked for us the path to eternity, grant, we pray, that we who keep the solemnity of the Lord’s Resurrection may, through the renewal brought by your Spirit, rise up in the light of life. Through our Lord Jesus Christ, your Son, who lives and reigns with you in the unity of the Holy Spirit, one God, for ever and ever. Amen.

Month of April
is dedicated to the Holy Eucharist and to the Holy Spirit

Prayer to our Eucharistic Lord, Jesus
Here, O good and gentle Jesus, I kneel before you, and with all the fervor of my soul I pray that you engrave within my heart lively sentiments of faith, hope, and love, true repentance for my sins, and a firm purpose of amendment. While I see and I ponder your five wounds with great affection and sorrow in my soul, I have before my eyes those words of yours that David prophesied about you:
“They have pierced my hands and feet; I can count all my bones” (Psalm 22:17).
Amen.
— Roman Missal, Thanksgiving after Mass

Act of Consecration to the Holy Spirit
O Holy Spirit, Divine Spirit of light and love, I consecrate to Thee my understanding, heart, and will, my whole being for time and eternity. May my understanding be always submissive to Thy heavenly inspirations, and to the teaching of the Catholic Church, of which Thou art the infallible guide; may my heart be ever inflamed with love of God and of my neighbor; may my will be ever conformed to the divine will; and may my whole life be a faithful imitation of the life and virtues of our Lord and Savior Jesus Christ, to whom with the Father and Thee be honor and glory forever. Amen.
PRAYER TO OUR LADY OF GUADALUPE

Holy Virgin of Guadalupe,
Queen of the Angels and Mother of the Americas.
We fly to you today as your beloved children.
We ask you to intercede for us with your Son,
as you did at the wedding in Cana.
Pray for us, loving Mother,
and gain for our nation and world,
and for all our families and loved ones,
the protection of your holy angels,
that we may be spared the worst of this illness.
For those already afflicted,
we ask you to obtain the grace of healing and deliverance.
Hear the cries of those who are vulnerable and fearful,
wipe away their tears and help them to trust.
In this time of trial and testing,
teach all of us in the Church to love one another and to be patient and kind.
Help us to bring the peace of Jesus to our land and to our hearts.
We come to you with confidence,
knowing that you truly are our compassionate mother,
health of the sick and cause of our joy.
Shelter us under the mantle of your protection,
keep us in the embrace of your arms,
help us always to know the love of your Son, Jesus. Amen.

— Archbishop José Gómez of Los Angeles, President United States Conference of Catholic Bishops

Archbishop Salvatore Cordileone is asking the faithful to unite in prayers with the entire Church and utter the above prayer each day to seek the intercession of our patroness, Our Lady of Guadalupe.

BELLS CALL TO PRAYER

Set your alarm to these times, then pray the indicated prayer at that hour.

9:00 a.m. - Prayer for those infected with the virus and all who are ill
Lord, place your healing hand on those who suffer illness. Bring them to full health and ease their anxious hearts. May our prayer and the intercession of the Blessed Virgin Mary encourage them that they are not alone. We ask this in Jesus’ Name. Amen.

12:00 p.m. - Prayer for health care workers and those attending to the sick
Lord, we are ennobled by those who put their lives at risk in caring for the sick. Keep them safe and embolden them when they are weary. We ask this in Jesus’ Name. Amen.

3:00 p.m. - Prayer for first responders and essential workers
Lord, we pray for those who run to danger to keep us safe and those who serve the common good. Embrace them with your mantle of protection and comfort the fears of their families. We ask this in Jesus’ Name. Amen.

6:00 p.m. - Prayer for people of every nation and their leaders
Lord, the pandemic opens our eyes to see each other as brothers and sisters in one human family. We pray for people of every nation and their leaders, asking that they be inspired to seek the good of all and quell the voices of division. We ask this in Jesus’ Name. Amen.

9:00 p.m. - Prayer for those who have died today
Lord, we grieve the passing of our sisters and brothers who have died this day. We commend them to your tender mercy, confident that nothing, not even death, will separate us from your love. We ask this in Jesus’ Name. Amen.

— Cardinal Blase J. Cupich, Archbishop of Chicago